

MODERN PERSPECTIVES ON PSYCHOTHERAPY

A three year psychodynamic training program



OPEN HOUSE

Meet our graduates and faculty

Saturday, June 18, 2011 | 10:30 AM to 12:30 PM

2317 Ashmead Place, NW | Washington, DC

RSVP: Sharon Alperovitz at 202.387.8776 or sharona@ncesa.org

OVERVIEW

Modern Perspectives on Psychotherapy is an offering of the Washington Center for Psychoanalysis. We offer comprehensive training to professionals from a variety of disciplines. The program is distinctive in the following ways:

The program consists of **three independent self-contained years**. Thus, once the program is underway, new students will join the ongoing rotation each year.

Each year's curriculum will include courses in technique, human development, interviewing and assessment, and psychopathology, taught from a mix of theoretical perspectives.

In addition, each year will have a **special focus** in its basic theory course. In one year we will be studying Modern Freudian theory, in a second year the Modern Kleinian perspective, and in a third year Modern Relational theories. Because each year is composed as an integrated set of courses, the sequence can be taken in any order.

Expressing our commitment to modernity, **the readings in all the courses will be selected primarily from the contemporary literature**. We understand that our present theories of psychotherapy have developed by the progressive elaboration of earlier models, and thus we expect that the current literature reflects the acquired wisdom of our field.

Classes meet on Thursday evenings from 4:30 p.m. to 10 p.m. Class sizes will be kept small to maximize student involvement.

**Modern Relational Perspectives,
Modern Freudian Approach,
Modern Kleinian Perspective.**

ACADEMIC CALENDAR

2011-2012

Classes begin September 8, 2011

No classes on September 29, November 24, December 22 and 29.

Classes end May 24, 2012

Annual Tuition

Application Fee – \$100 (refunded if not accepted)

Courses – \$2175

Individual Supervision – private fee, arranged with supervisor

Introductory Technique Seminar, Infant-Mother Observation, and
Work Discussion Seminar – \$40 per meeting (approximately \$1200
per year)



THE MODERN RELATIONAL PERSPECTIVE

This year will be offered to the incoming students.

Modern Relational Theory and Technique (18 weeks) This course encompasses self psychology, the British Independent Tradition, intersubjectivity, and social constructivism, as well as other relational approaches.

The following courses are taught from multiple perspectives:

Development: Adulthood (5 weeks)

Psychopathology: Borderline and Narcissistic Disorders (7 weeks)

Psychopharmacology (5 weeks) An understanding of the rationale behind current medication usage.

Gender & Sexuality (8 weeks) Developmental aspects of male and female experience, including a reappraisal of selected elements of traditional psychodynamic viewpoints on gender. Consideration of the psychodynamics of the various forms of adult sexuality.

Assessment and Formulation (6 weeks) Continuation from previous year.

The First Session (6 weeks) Each student will present detailed notes of the first meeting with a patient. The class will focus on the development of the therapeutic situation in that session.

Close Process (6 weeks) The class will watch a series of sessions with a single patient from the TV HBO program "In Treatment" and will carefully track the therapeutic process through the hour.

"I highly recommend the Program. The classes provide an optimal balance between an exposure to current theoretical developments (in both psychoanalytic thinking and neuroscience) and the application to clinical work with patients. The course has changed the way I work with patients, provided a community of colleagues, and increased my referrals."

- Sarah Hedlund, Ph.D.

THE MODERN KLEINIAN PERSPECTIVE

Modern Kleinian Theory & Technique (12 weeks) This course will present the Kleinian model, as it is currently understood and practiced, with a focus on the concept of position, phantasy, projective identification, envy, countertransference, and containment.

The following courses are taught from multiple perspectives:

Development: Childhood (14 weeks) This course will include both an account of child development and consideration of childhood psychological illnesses.

Psychopathology: Mood Disorders, Eating Disorders, & Trauma (11 weeks) Includes study of depression and bipolar illness, anorexia and bulimia, and dissociative identity disorder.

Technique: Transference and Countertransference (5 weeks)

Assessment and Formulation (5 weeks) Continuation from previous year.

Mind and Brain (6 weeks) This course studies the way different functions are organized in the brain and the implications that has for psychotherapeutic technique.

Therapeutic Action (7 weeks) This course examines historical and current points of view regarding the therapeutic action of psychoanalytic psychotherapy, with special emphasis on the role of insight and the role of the therapeutic relationship.

"The Program provided an extensive and comprehensive foundation and framework which has greatly enhanced my clinical thinking and therapeutic skills."

- Dee Stern, Ph.D.

THE MODERN FREUDIAN PERSPECTIVE

Modern Freudian Theory & Technique (12 weeks) This course will present the Freudian model, as it is currently understood and practiced, with a focus on interpretation, resistance, transference, and defense analysis.

The following courses are taught from multiple perspectives:

Development: Adolescence (8 weeks)

Psychopathology: Neuroses & Character Disorders (8 weeks).

A psychodynamic understanding of these conditions.

Dreams and Dreaming (6 weeks) Our current understanding of the process of dreaming from biological and psychological perspectives.

Technique: Role, Task, & Boundary (6 weeks) Boundaries, ethics, the implicit therapeutic contract, and the meanings and dimensions of the roles of therapist and patient.

Assessment & Formulation (7 weeks) This course focuses on making a systematic account of a patient's difficulties. Students apply the diagnostic profile to a current treatment case. Offered in five to seven week segments each year of the program.

Process in Psychoanalysis (6 weeks) A faculty case presentation demonstrating the depth of exploration possible when patient and therapist meet more frequently.

Therapeutic Action (7 weeks) How therapy works, including comparing the impact of learning through interpretation and learning through the experience of a new relationship. Considers the relative importance of procedural vs. declarative learning.

"The teachers were excellent role models, the curriculum was comprehensive and challenging, and the supervisory experience was engaging and completely supportive. My increase in confidence and identity as an analytic therapist was palpable."

- Angela Martin, MSN

SUPERVISION

The fee for the weekly individual supervision is agreed upon by the supervisor and student. Tuition for the other three weekly components below (#s 2, 3, and 4) is \$40 per meeting, with approximately 30 meetings each year. These charges are in addition to the course tuition of \$2175.

- 1. Weekly Individual Supervision** - minimum of 110 sessions over the three years.
- 2. Introductory Technique Seminar:** In their first year, students will bring notes from their initial sessions with new patients to this seminar. The seminar will explore the various issues involved in beginning a treatment, starting with the initial phone call. Concerns include: ascertaining why the patient has come for therapy, appraising treatment options, establishing boundaries, sensing initial anxieties about treatment, attending to the interactional processes in the here-and-now, developing a therapeutic sensibility, and setting fees and conditions. In addition, the seminar will review sessions from the television series "In Treatment," using that material as a basis for discussing therapeutic options in the clinical moment.
Faculty: Dr. Alberto Pieczanski
- 3. Infant-Mother Observation:** During the student's second year in the program, the student will observe a mother and her infant in their home for an hour each week. These visits will be discussed in an ongoing group, led by an experienced mother-infant observation supervisor. This group will meet each week prior to the regular classes throughout the year. Observing babies and their mothers/family members over a long period of time means that we have an opportunity to perceive patterns in the making. Observers come to apprehend how relationships are developed and how we become part of each other's world and to recognize the persistence of infantile patterns of behavior in later life. This is an unique opportunity to enhance our clinical skills when working with adults, children and families.
Faculty: Dr. Nydia Lisman-Pieczanski and Ms. Sharon Alperovitz
- 4. Work Discussion Seminar:** In their third year, students bring detailed studies of their work with a patient to a seminar conducted along the lines of the Infant-Mother Observation. The aim of the seminar is to sharpen perceptions of verbal and non-verbal communications and to closely study the moment-to-moment interactions between patient and therapist. This group will meet each week prior to the regular classes throughout the year.
Faculty: Ms. Sharon Alperovitz and Dr. Nydia Lisman-Pieczanski

Clinical Case Presentations

Four times each year students, graduates, and faculty convene for dinner and discuss a clinical case presentation, given by a student, graduate, or faculty member of the Program. Continuing Education credits will be provided for these presentations.

Special Outside Guest: A Day With...

Once each year we will invite a special guest faculty member to spend a day with our students. During the morning session the guest will present a paper that the group will discuss. In the afternoon the guest will discuss a case presented by one of the students. Our special visitor for 2011-2012 will be Dr. Sidney Phillips. Dr. Phillips is the Chair of the Education Committee of the Western New England Institute for Psychoanalysis. He has written on psychoanalytic technique, trauma, and homosexuality. He will meet with us on Saturday, March 31, 2012.

Completion & Post Graduate Standing

Graduates of the program receive a certificate of completion and may join the Washington Center for Psychoanalysis.



Steering Committee

Robert Winer, M.D., Chair
Sharon Alperovitz, MSW
Connie Brown, MSW
Cindy Bollman, Ph.D.
Denise Fort, Ph.D.
Thomas Goldman, M.D.

Christopher Keats, M.D.
Karol Kullberg, LCSW-C
Charles T. Olsen, M.D.
Ginger Sullivan, M.A., LPC
Marjorie Swett, MSW

Active Core Faculty & Supervisors

Ann E. Alaoglu, M.D.
Sharon Alperovitz, MSW
Joseph Annibali, M.D.
Arthur S. Blank, Jr., M.D.
Mimi Blasiak, LICSW
Deborah Blessing, LICSW
Connie Brown, MSW
Katherine A. Brunkow, MSW
Katherine B. Burton, MSW, LCSW
Kathryn J. Chefetz, LCSW
Richard Chefetz, M.D.
Lindsay L. Clarkson, M.D.
David E. Cooper, Ph.D.
Yvonne DeCuir, Ph.D.
Linda Dickson, MSW
Ira Dosovitz, M.D.
Martha C. Dupecher, Ph.D., MSW
Deborah Feldheim, M.D.
Denise Fort, Ph.D.
Richard C. Fritsch, Ph.D.
Thomas Goldman, M.D.
Linda Grey, RN, MSN, CS
Sarah Hedlund, Ph.D.
Elizabeth K. Hersh, M.D.
Michael Houston, M.D.
Christopher Keats, M.D.

Susan G. Lazar, M.D.
Marc Levine, M.D.
Cornelia Lischewski, DRS, Psy.D.
Nydia Lisman-Pieczanski, M.D.
Angela C. Martin, MSN, CS-P
Karyne Messina, Ed.D.
Glenn H. Miller, M.D.
Lynn Moffett, Ph.D.
Charles T. Olsen, M.D.
Kathryn Patrizia, LCSW
Alberto I. Pieczanski, M.D.
Ginta Remeikis, M.D.
Stephen Rosenblum, M.D.
Pavel Snejnevski, Ph.D.
Linda S. Stern, Ph.D.
Ginger Sullivan, M.A., LPC, CGP
Scott S. Twentyman, M.D.
Richard Waugaman, M.D.
Robert Winer, M.D.

Additional members of The Washington Center for Psychoanalysis and graduates of Modern Perspectives on Psychotherapy Program will be teaching as well.

Current Students 2011-2012

David Angelich, Psy.D.
Christine Baker, M.D.
Khashayar Beigi
Simona Pick Both, M.D.
Heather Cassidy, Psy.D.
Sundar Cook, PsyD.
Ebony Dennis, Psy.D.
Eileen Dunn, Psy.D.
Leonard Ellentuck, MSW *on leave*
Adair Fox, LCSW *on leave*
Rachael Fried, MSW
Elizabeth Griffith, MSW

Joseph Lafleur, MSW, MBA
Rebecca Mahayag, MSW
Janet Marcus, MS
Ruth Migler, MSW
Rodney Orders, MSW
Simona Pick-Both, M.D.
Daniel Podell, M.D.
Snezana Sonje, M.D.
G. Hiroko Taguchi, LGSW *on leave*
Fernando Tripodi, MSW
Chris Whitaker *on leave*



Eligibility

We will take applications for the class scheduled to begin in the fall. Clinician applicants must have a minimum of three years of experience as individual psychotherapists beyond the clinical work required as a part of the training (internships, residencies, etc.). Based on our past experience in the Psychoanalytic Psychotherapy Program, we expect that some applicants will have been in practice as much as ten or twenty years; those students have generally found the training extremely valuable despite their prior experience. Applicants will be assessed in terms of their prospective ability to master the work of the program. Primary consideration is given to practitioners who have graduate degrees in social work, psychology, psychiatry, counseling, and psychiatric nursing.

The Program invites applications from non-clinical professionals who wish to use this training to enrich their scientific, teaching, scholarly, or other special capabilities. These persons will not be offered clinical training; rather, we will work to adapt the program to their particular needs, skills, and interests.

Accreditation

Learning Objectives: a. Students will develop competence in conducting individual psychoanalytic psychotherapy. b. Students will gain knowledge in psychodynamic theory and its application to psychoanalytic psychotherapy. c. Students will gain expertise in the application of psychoanalytic theory to clinical practice.

This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Washington Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 50 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he / she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose. The Washington Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Center for Psychoanalysis, Inc. maintains responsibility for the program and its content and offers a maximum of 50 credit hours for this activity. The programs of the Washington Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the Maryland Board of Social Work Examiners, District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for a maximum of 50 credit hours.

Applications

To receive an application form, call or write:

The Washington Center for Psychoanalysis
4545 42nd Street, N.W., #209
Washington, DC 20016
202.237.1854
Fax: 202.237.1856
center@wcpweb.org
or apply online at www.wcpweb.org

For further information about the program, please call:

Dr. Robert Winer, Program Chair, 301.229.0600
Ginger Sullivan, Recruitment, 202.265.5855
Sharon Alperovitz, Admissions, 202.387.8776

Attendance Policy

Students are required to attend 80% of classes in each course. If students miss more than 20% of classes, they must arrange with the instructor to make up the material.

Grading System

At the end of each course, the instructor(s) completes a student evaluation form. Instructors are asked to rate the student on a scale which includes: Outstanding, Above average, Satisfactory, Marginal, and Unacceptable. In addition, they are asked to provide comments on the student's functioning which would be useful to future instructors. Twice a year, supervisors complete a report on each student's progress in supervision. Once a year, the students meet with their advisors to review the evaluations of the past year.

Withdrawal, Dismissal & Readmission Policies

Students are required to discuss with their advisor any circumstances surrounding their withdrawal from the program. Student and advisor will negotiate their withdrawal, depending on the student's situation.

In an extreme situation, the Program reserves the right to dismiss a student. (See more detailed information under Grievance Procedures).

Students can be re-admitted to the Program upon submission of an application with subsequent interviews and discussion of the Admissions Committee.

Tuition Refunds

This refund policy is in accordance with the provision of the DCMR 16, Chapter 12, of the Government of the District of Columbia rules and regulations concerning proprietary schools.

The “refund” shall be defined as the return of money, cancellation of obligation or otherwise extinction of the debt, and the following policy shall prevail.

1. Registration fee and other monies paid will be refunded in full, if the school is notified within seven (7) business days or sooner after signing, that the candidate has decided to cancel the Enrollment Contract.
2. Refunds shall be made within 30 days of the last day of attendance provided that written notification has been given to the school by the candidates; otherwise, refunds shall be made within 30 days from the date the school determines that the candidate has withdrawn. In all instances, the refund shall be based on and computed from the last day of attendance.
3. Cancellation prior to commencement of class by the candidate will result in the forfeiture of the registration fee, but in no case will more than \$50.00 be retained. If a refund is due, it will be made within 30 days of the start of the program, as stated in the Enrollment Contract.
4. In the event of withdrawal after the commencement of classes, but prior to the completion of seventy-five percent of the scheduled program, the pro rata portion of the unexpended tuition and other fees will be refunded. The prorated amount of refundable tuition shall be determined by the ratio of the number of weeks completed to the total number of weeks in the scheduled program. Any portion of a week’s attendance is considered a full week’s attendance for this purpose.
5. Withdrawal after completion of 75% of the scheduled program will obligate the candidate for the entire amount as stated in the Enrollment Agreement.
6. Any refund required to be made to a non-immigrant alien shall be payable to each candidate:
 - (a) within 30 days after the Immigration and Naturalization Service of the United States has certified to the school which is obligated to make the refund that the non-immigrated alien has departed from the United States, and only
 - (b) in the currency of the country of which the non-immigrant alien candidate is a citizen.

Grievance Procedures

The Student Progress Committee will make decisions regarding the student's advancement and continuation in the Program and regarding the student's graduation from the Program. Among the issues it may be concerned with are failure to make satisfactory progress, unprofessional conduct, unethical behavior, and behavior considered detrimental to the Program. In the event that the student wishes to appeal the Committee's decision regarding advancement, continuation, or graduation, the following steps may be taken:

1. Within ten days of receiving notification that the Committee has decided to hold back, suspend, or terminate the student, the student may submit a written request to the Chairman of the Steering Committee to review the decision. The Chairman will review the decision in a manner which the Chairman considers to be appropriate and will affirm, modify, or reverse the decision.
2. The student may appeal the Chairman's decision to the President of the Society who will appoint an Ad hoc Appeal Committee to review the decision. The student must make this appeal in writing within ten days of receiving the Chairman's decision. The Ad Hoc Appeals Committee will gather such materials and conduct such inquiries as it deems appropriate. It shall then issue a decision on the appeal which shall be final. If a student is terminated from the Program, the student will receive a tuition refund for classes paid for but not yet provided as of the date of termination.

Financial Aid

Reduced tuition is occasionally available in very extreme circumstances and is considered on an individual basis.

"The Program has had an enormous impact on my professional growth. The intensive classes and supervision helped me to become a confident and experienced therapist. Continued relationships with colleagues and mentors have been very enriching and enduring. I have especially enjoyed becoming a core faculty member and supervisor for the program."

- Linda Dickson, MSW

Graduates

Mona Abu-Hamda, Psy.D.
Margo Aron, MSW
Elizabeth Barrett, Ph.D.
Gavin Behrens, MSW
Joan Bernthal, MSW
Irwin Blank, Ed.D.
Mimi Blasiak, LCSW
Cindy Bollman, Ph.D.
Vincent Bono, M.D.
Evelyn Boyer, Ph.D.
George Brandt, M.D.
Constance Brown, MSW
Katherine Burton, MSW
Elizabeth Carr, RN,MSN
Carmen Colon-Anderson, MSW
Toni Cortellessa, MSW
Linda Dickson, MSW
Griffin Doyle, Ph.D.
Martha Dupecher, Ph.D., MSW
Markie Farr, Ph.D.
William Feder, M.D.
Robert Fenton, MSW
Charnya Fisher, Ph.D.
Ann Ford, LPC
Sedi Flugelman, Ph.D.
Benson Forman, Ph.D.
Karen Schachter Frank, MSW
Laura George, MSW
Robert R. Gerlits, MSW
Harry Gill, M.D.
Elisabeth Glaser, Ph.D., M.S., C.R.C.
Susan Gorman, MSW
Pamela Haefner, MSW
Paula Hamm, L.P.C.
Joyce M. L. Harrison, MSW
Sarah Hedlund, Ph.D.
Elizabeth Hillenbrand, Ph.D.
Jeanne Holzgreffe, M.D.
Scott Holzman, Ph.D.
Reba Immergut, MSW
Daniel W. Kakuska, M.D.
Rachel Kaplan, MSW
Silvana Kaufman, MSW
Linda Kolodner, MSW
Sally Ann Kraus, MSW
Diana Kreiss, MSW
Karol Kullberg, LCSW-C
Linda Gordon Kuzmack, Ph.D., LICSW, LICSW-C
Brigitte Ladisch, Ph.D.
Susan Mann, MSW
Angela Martin, MSN, CS-P
Daniel Meckel, Ph.D., LGSW
Kathryn Patrizia, MSW
Kevin Popp, Psy.D.
Mary Elizabeth Rahn, M.D.
Judith Ratliff, MSW
Laurie Rebeck Levin, MSW
Sandra G. Rubin, M.D.
Shira Rubinstein, M.D.
Eileen Rustgi, Ph.D.
Isabel F. Scharff, MSW
Linda Schwartz, MSW
Diana Seasonwein, MSW
Barbara Shapard, MSW
Maggie A. Silberstein, MSW
Lisa Schlesinger, LCSW
Leslie Smith, MSW
Sheila Sontag, M.D.
Heidi Spencer, Ph.D.
Patricia Steen, MSW
Dee Stern, Ph.D.
Ginger Sullivan, M.A., LPC, CGP
Marjorie Swett, MSW
Stephanie Husik Tebor, MSW, Ph.D.
Douglas Tebor, M.D.
Donna Ticknor, M.D.

“The exceptional quality of the teaching and supervision and the emphasis on clinical work were a stellar combination. In addition, the thought provoking discussions in the classroom and at potluck dinners promoted a camaraderie that enhanced learning. My growth and development as a therapist are directly related to my participation in this program.”

- Linda Schwartz, MSW

***Do You Want to Become
a Better Therapist?***

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