



Continuing Education

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The Washington Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Center for Psychoanalysis, Inc. maintains responsibility for the program and its content and offers a maximum of 50 credit hours for this activity.

The programs of the Washington Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the Maryland Board of Social Work Examiners, District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for a maximum of 50 credit hours.

Contemporary Psychoanalytic Couple and Family Therapy Training Program

FOR FURTHER INFORMATION:

Contact Linda Grey, MSN at 703.533.1359.

FACULTY

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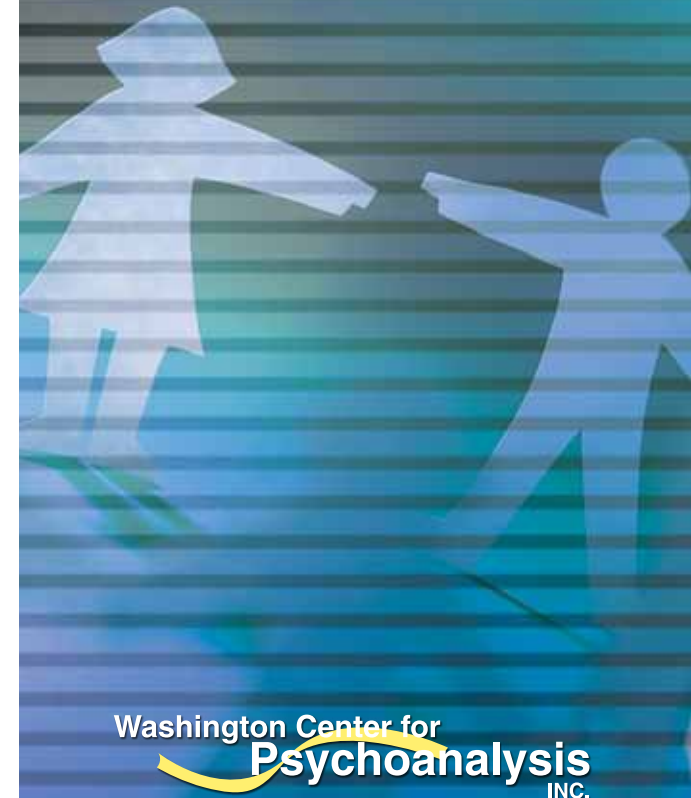
Additional guest faculty as arranged.



Washington Center for
Psychoanalysis
INC.

4545 42nd St NW, #209
Washington DC 20016
www.wcpweb.org

Contemporary Psychoanalytic Couple and Family Therapy Training Program



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This integrative program is designed to enhance the ability of clinicians to work with couples and families. Our program offers a unique training experience focused on the treatment of relationships.

By examining these relationships we can understand the complex interface of the interpersonal and the intrapsychic. This interface holds the unconscious shared assumptions, anxieties, and conflicts that become transposed onto relationships. Our program teaches a way of theoretically organizing clinical material at its deepest level, and develops the technical skills necessary to foster insight and change.

This program has a 40 year history of training area clinicians. Our founding faculty pioneered this approach out of ground breaking research with couples and families at NIMH, along with integrating psychoanalytic, object relations, and small group theory. Our contemporary streamlined curriculum reflects the continuing integration of evolving psychoanalytic insights. We incorporate contributions from the growing attachment, neuroscience, and research literature. We offer two training program options: a one year CME educational experience, and a two year certificate program.

TWO TRAINING OPTIONS

TRAINING OPTION ONE: Two Year Certificate Program Year One includes:

- Weekly seminar** integrates selected readings with observation/discussion of taped faculty interviews with couples and families. The 30 week seminar includes the following: A) Clinical Observation, B) Theoretical Readings, C) Treatment Technique.

- Clinical Observation:** Participants will view videotapes of couples and families therapy sessions by senior faculty each week. These presentations will be integrated with weekly theoretical readings.

- Theoretical Readings:** The psychoanalytic underpinnings from the work of Freud, Bion, Klein, Fairbairn, Winnicott, and Kernberg, Shapiro, Zinner, Winer, among others, will be applied to family and couple treatment. Topics will include sexual health and dysfunction, infidelity, acting out, inhibition, unresolved oedipal attachments, and separation.
- Technique:** Beginning, Middle, and Late phases of treatment will be reviewed. This will include concepts of establishing and maintaining the treatment frame, the use of transference and countertransference, managing resistance, exploring enactments, disillusionment, family phase transitions, premature and mutual treatment termination.

- Weekly individual supervision** of a couple or family with selected program faculty (30 hours).

Year Two Includes:

- Rotating Group Case Conference** Meetings are every other week for a total of 15 meetings October to June. This experience reinforces theory and technique from the first year and applies them to the student's clinical work. This case conference also includes specialized readings in topic areas mutually defined by the group.
- Weekly individual supervision** of a couple or family with selected program faculty (30 hours).

Continuing Education Credits: 50 CE/CEU credits will be offered each of the two years.

TRAINING OPTION TWO: A CME Educational Experience for Advanced Clinicians

This option is for psychoanalysts, psychotherapists who have post graduate training, or seasoned clinicians who want exposure to this way of working. Participants will attend the first year weekly seminar only. No certificate will be awarded as a result of participating, but 50 CME credits will be awarded upon completion.

ELIGIBILITY

The Program is open to psychiatrists, psychologists, social workers, psychiatric nurses, pastoral counselors and other mental health professionals with formal training experience in psychotherapy.

We encourage the experience of personal psychotherapy or psychoanalysis as this facilitates development as clinicians, but it is not required for eligibility in our program.

SCHEDULE

First Year Certificate Classes

Meet on Tuesdays from 7:00 to 9:30 PM at the Washington Center for Psychoanalysis, 4545 42nd Street NW, #209, Washington, DC 20016. Classes meet for 30 weeks from October to June. Weekly individual supervision is arranged between supervisor and student for 30 weeks.

Second Year Certificate Classes

Meet on Tuesdays from 7:00 to 9:00 at the Washington Center for Psychoanalysis. Classes meet every other week for 15 weeks from October to June. Weekly individual supervision is arranged between supervisor and student for 30 weeks.

One Year CME Training Option:

Meet on Tuesdays from 7:00 to 9:30 PM at the Washington Center for Psychoanalysis, 4545 42nd Street NW, #209, Washington, DC 20016. Classes meet for 30 weeks from October to June.

ANNUAL TUITION

First year certificate program tuition is \$1500 plus additional privately arranged supervision. Second year certificate program tuition is \$800 plus additional privately arranged supervision. CME training option only: \$1500.

A \$100 processing fee will be assessed for students accepted into the program.

APPLICATION

Please submit the application along with a personal statement describing your interest in this program. Please provide two references along with your application.



Name

Address

Business Phone

Home Phone

Cell Phone

E-Mail Address

Send to
The Washington Center for Psychoanalysis
and send this portion with payment to:
4545 42nd St. NW, #209
Washington, DC 20016

Or apply on line at www.wcpweb.org.
or contact Linda Grey MSN, Chair
at 703 533-1359

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