



Washington Center for
Psychoanalysis
INC.

4545 42nd Street NW, #209 | Washington, DC 20016 | 202.237.1854 | Fax 202.237.1856 | center@washpsa.org | www.washpsa.org



The Washington Center for Psychoanalysis, Inc.

Officers 2007 -2009

President	Elise C. Blair, LCSW
President-Elect	Karyne E. Messina, Ed. D.
Secretary	Martha B. Martin, M.D.
Treasurer	Herbert S. Gross, M.D..

Board of Directors

Elise C. Blair, LCSW
James P. Blair
Deborah Blessing, LICSW
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Reginald Wilson, Ph.D.

Office Staff

Michael J. Nizankiewicz, Ph.D., CAE, Executive Director
Maddie Grant, Administrative Director
Jackie Oyegunle, Administrator

Contact Information

4545 42nd Street NW, #209
Washington, DC 20016
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Mission Statement

Our Vision

Openness to exploring the mind in all of its depth and complexity fosters healing, growth, and the attainment of full potential for the individual, the family, and society.

Our Mission

To realize this vision through psychoanalysis, as a clinical approach, a mode of investigation, and a widely applicable and evolving way of understanding human experience.

Our Objectives

To accomplish this mission by training psychoanalysts and psychoanalytically-informed psychotherapists; and by supporting the efforts of all who share this mission, in teaching, research, interdisciplinary study, outreach, and the provision of affordable services.

Who We Are

A diverse, collegial affiliation of clinicians, as well as people from the broader community, united in dedication to our shared mission.

The Washington Center for Psychoanalysis, Inc. is incorporated as a non-profit 501(c)3 organization under the laws of the District of Columbia for the advancement of professional and educational activities of its members and Candidates. The Washington Center for Psychoanalysis, Inc. is an affiliate society of the American Psychoanalytic Association.

The Washington Center for Psychoanalysis, Inc. is accredited by the American Psychoanalytic Association to sponsor continuing medical education for physicians. The Washington Center for Psychoanalysis, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. The programs of the Washington Center for Psychoanalysis, Inc. meet the criteria for Category I continuing education as defined by the Maryland Board of Social Work Examiners, District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work.

The Center is qualified legally to receive gifts, contributions, and bequests. Inquiries may be directed to the Executive Director, Washington Center for Psychoanalysis, Inc.

HISTORY

Our Society was formed when thirteen charter members met at St. Elizabeths hospital in 1914, five years after Freud's Clark University lectures. The departure of several members for military service in World War I brought a halt to Society meetings in 1918. During the 1920s both the Washington Psychopathological Society and the Washington Psychoanalytic Association had active programs of lectures and seminars in psychoanalysis. The Washington-Baltimore Psychoanalytic Society was founded in 1930 by several members of the pre-existing Societies, led by Ernest E. Hadley, and was recognized by the International Psychoanalytic Association. It joined with New York, Chicago, and Boston to federate the American Psychoanalytic Association.

In 1933, an education program was launched by the Washington-Baltimore Psychoanalytic Society providing training in psychoanalysis, which has evolved since in accordance with the standards of the American Psychoanalytic Association. From 1946 to 1952, the combined Institute operated under the general supervision of a joint Institute Committee and the local supervision of the Education Committee in each of the two cities. Eventually, growth of the faculties and student bodies made division of the combined Institute desirable. In 1955 the American Psychoanalytic Association granted full status to both Institutes.

Beginning in the 1980s the Washington Psychoanalytic Society broadened its programs to include offerings for people drawn to the principles of psychoanalysis, who were not necessarily proceeding to full analytic training. In 1990 the Washington Psychoanalytic Foundation was created in order to provide a home for these expanded programs and to raise funds for them. It flourished under its founder Harvey Rich and later presidents, K. Derek Hawver and Charles Olsen. The year 2000 saw the beginning of a process of re-examination of structure and governance culminating in a change of name to the Washington Center for Psychoanalysis, a revision of the mission statement, and organization under a Board of Directors.

Further details of the history of the organization can be found in Noble, D., and Burnham, D., *A History of the Washington Psychoanalytic Institute and Society*, Chapter 26 in *Psychoanalysis and Psychosis*, edited by Ann Silver, M.D., International Universities Press, 1989.





WASHINGTON PSYCHOANALYTIC SOCIETY

The Washington-Baltimore Psychoanalytic Society was organized in 1930 with the following Charter Members:

Dr. Ross McClure Chapman
Dr. Anna C. Dannemann Columb
Dr. Lucile Dooley
Dr. Philip S. Graven
Dr. Ernest E. Hadley
Dr. Loren B.T. Johnson
Dr. Nolan D.C. Lewis
Dr. Adolf Meyer
Dr. Edward Hiram Reede
Dr. William V. Silverberg
Dr. Harry Stack Sullivan
Dr. G. Lane Taneyhill
Dr. Clara Thompson
Dr. William A. White

It was accepted as a Constituent Society by the American Psychoanalytic Association when the Association became a Federation in 1932. Baltimore founded its own Society in 1946.

FORMER PRESIDENTS OF THE WASHINGTON-BALTIMORE PSYCHOANALYTIC SOCIETY

Dr. Clara Thompson, 1930-1932
Dr. Ernest E. Hadley, 1932-1933
Dr. Lucile Dooley, 1933-1935
Dr. Lewis B. Hill, 1935-1938
Dr. Lucile Dooley, 1938-1939
Dr. Frieda Fromm-Reichmann, 1939-1941
Dr. Ernest E. Hadley, 1941-1942
Dr. Dexter M. Bullard, 1942-1944
Dr. Edith Weigert, 1944-1946
Dr. Benjamin L. Weininger, 1946-1947

FORMER PRESIDENTS OF THE WASHINGTON PSYCHOANALYTIC SOCIETY

Robert M. Morse, M.D., 1947-1949
Rex. E. Buxton, M.D., 1949-1951
Robert A. Cohen, M.D., 1951-1953
Ernest E. Hadley, M.D., 1953-1954
Mabel B. Cohen, M.D., 1954-1955
Douglas Noble, M.D., 1955-1957
Alexander Halperin, M.D., 1957-1959
Stanley L. Olinick, M.D., 1959-1961
Daniel S. Jaffe, M.D., 1961-1963
Sidney Berman, M.D., 1963-1965
Robert C. Burnham, M.D., 1965-1967
Oscar Legault, M.D., 1967-1969
Harold F. Searles, M.D., 1969-1971
Donald L. Burnham, M.D., 1971- 1973
William L. Granatir, M.D., 1973-1975
Milton Meltzer, M.D., 1975-1977
Cecil C. H. Cullander, M.D., 1977-1979
Clarence G. Schulz, M.D., 1979-1981
Frances K. Millican, M.D., 1981-1983
John S. Kafka, M.D., 1983-1985
Gerald Perman, M.D., 1985-1987
Antoine G. Hani, M.D., 1987-1989
Joseph H. Smith, M.D., 1989-1991
Marvin L. Adland, M.D., 1991-1993
Dexter M. Bullard, M.D., 1993-1994
Manuel Roman, M.D., 1994-1997
David I. Joseph, M.D., 1997-1999
Stephen Rosenblum, M.D., 1999-2001
Robert Gruber, M.D., 2001-2003
Marc S. Levine, M.D., 2003-2005

FORMER PRESIDENTS OF THE WASHINGTON CENTER FOR PSYCHOANALYSIS

Christopher J. Keats, M.D., 2005-2007

DIVISIONS, PROGRAMS & COMMITTEES

COMMITTEES OF THE BOARD OF DIRECTORS:

These Committees are being structured in line with the WCP's new Strategic Plan and are subject to change.

Academic Liaisons		Karyne E. Messina, Ed.D. David I. Joseph, M.D.
Board Development:	Chair:	Nancy Beer Tobin
Community Outreach:	Chair:	To be confirmed
Finance and Audit:	Chair:	Herb Gross, M.D.
Fundraising: Gala	Chair: Chair:	Marc Levine, M.D. Deborah Blessing, MSW
Marketing & Communications:	Co-chairs:	Gabriel Riera, co-chair to be confirmed
Membership:	Chair:	Robert Winer, M.D.
Social Impact:	Chair:	To be confirmed

PROGRAM MANAGEMENT COMMITTEE:

Chair: Karyne E. Messina, Ed.D.

COMMITTEES:

Colleague and Patient Assistance Committee:	Chair: Members:	Ernest Wallwork, Ph.D. Katherine Brunkow, MSW Elizabeth Hersh, M.D. David Joseph, M.D.
Ethics Committee:	Chair: Members:	John Zinner, M.D. Martha Dupecher, Ph.D., MSW Deborah Feldheim, M.D. Robert Gruber, M.D. Christopher Keats, M.D.
Ombudsman Committee:	Co-Chairs:	Lindsay L. Clarkson, M.D. Stephen Rosenblum, M.D. Manuel Roman, M.D.

DIVISIONS:

Washington Psychoanalytic Institute:

Governing Body:		Institute Council
	Director:	David I. Joseph, M.D.
	Secretary:	Richard C. Fritsch, Ph.D., ABPP

Committees:

Admissions:	Chair:	Lindsay L. Clarkson, M.D.
Candidate Progress:	Chair:	Katherine B. Burton, MSW.
Child/Adolescent Analytic:	Chair:	Howard S. Benensohn, M.D.
Committee on Nomination of Supervising and Training Analysts:	Chair:	Judith F. Chused, M.D.
Curriculum:	Co-Chairs:	Karyne E. Messina, Ed.D. Stacia I. Super, Ph.D.
Faculty Development:	Chair:	Robert Winer, M.D.
Liaison, Candidates' Organization:	Chair:	Katherine B. Burton, MSW
Liaison, George Washington University:	Chair:	Stephen Rosenblum, M.D.
Liaisons, Outreach Division:		Kathryn J. Chefetz, LCSW Elizabeth K. Hersh, M.D.
Parliamentarian:		Richard West, LCSW
Recent Graduates:	Chair:	Linda Geurkink, MSW



Recruitment:	Chair:	Cornelia Lischewski, Psy.D.
Supervising and Training Analysts	Chair:	Katherine A. Brunkow, MSW
Candidates' Organization:	President:	Robert Gerlits, MSW

Psychoanalytic Psychotherapy:

Modern Perspectives on Psychotherapy:	Chair:	Robert Winer, M.D.
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Couple & Family Therapy:

Contemporary Psychoanalytic Couple and Family Therapy Training Program	Chair:	Linda Grey, MSN
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Continuing Education Division:

	Chair:	Deborah Feldheim, M.D.
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Fellowship Program in Psychoanalysis:	Co-Chairs:	Deborah Feldheim, M.D. Yvonne DeCuir, Ph.D.
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Psychoanalytic Takes on the Cinema:	Chair:	Sandie Friedman, Ph.D.
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Neuroscience and Psychoanalytic Therapy	Chair:	Harry Gill, M.D.
	Co-Chair:	Cornelia Lischewski, Psy.D.

New Directions – Writing and Critical Thinking with a Psychoanalytic Perspective:	Co-Chairs:	Sharon Alperovitz, MSW David E. Cooper, Ph.D. Martha Dupecher, Ph.D., MSW Robert Winer, M.D.
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Scientific Meetings:	Chair:	Ginta Remeikis, M.D.
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Colloquium:	Chair:	Thomas Goldman, M.D.
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Raphling Scholar Program	Chair:	To be confirmed
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Continuing Professional Education:	Chair:	Camille Woodbury, M.D.
	Co-Chair:	Terri Judge, Ph.D.

Community Outreach Division:

	Chair:	Kathryn J. Chefetz, LCSW
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Outreach Committee:	Chairs:	Kathryn J. Chefetz, LCSW Elizabeth K. Hersh, M.D.
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Psychoanalytic Clinic:	Chair:	Terri Judge, Ph.D.
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Community of Hope:	Chair:	Kathryn J. Chefetz, LCSW
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Psychoanalytic Theory for Scholars:	Co-Chairs:	Kevin W. Popp, Psy.D.
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A Psychoanalytic Perspective on Theater:	Chair:	Maryann C. Vande Loo, Ph.D.
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Public Relations Division:

Newsletter:	Editor:	Christine Erskine, LICSW
	Co-Editor:	John M. Hayes, Ph.D.

Research Committee:	Chair:	Pavel Snejnevski, Ph.D.
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Gary O. Morris Research Prize:	Chair:	To be confirmed
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Samuels Fellowship:	Chair:	Richard C. Fritsch, Ph.D.
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Special Events:	Chair:	Charles T. Olsen, M.D.
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JUBILEE JUMPSTART

Jubilee Jumpstart Program A Broad-Based WCP – Community Initiative

Deborah Blessing, MSW and Karyne Messina, Ed.D.

The Washington Center for Psychoanalysis is deeply committed to becoming a presence in and establishing links with the community. In keeping with this goal, the Outreach Committee of the Board has forged a working partnership with Jubilee Jumpstart, an organization which will provide high quality, developmentally-based child care in the Adams Morgan area of Washington, D.C. This program is the offspring of Jubilee Housing, a 501 (c)(3) corporation that develops and manages affordable housing. Jubilee Housing offers a variety of supportive services to low-income residents and has more than 280 apartments serving 850 people.

Slated to open in November 2008, Jubilee Jumpstart's mission is to offer child care for up to 47 infants and young children, a large percentage of whom will be residents of Jubilee Housing. At the heart of all of Jumpstart's programming efforts is the emphasis placed on building and supporting consistent nurturing relationships with one or a few caregivers. All operations flow from the premise that such consistency is essential for the emotional, social and intellectual growth of children. To that end, Jubilee Jumpstart envisions two integrated program components: child care and learning on-site, and an ongoing home visitation program that lends support to parents in their roles as caregivers and teachers of their children. Staff of Jumpstart, those on-site as well as home visitors, will receive on-going training/education and supervision to ensure quality of care, and to create an environment that fosters staff retention and continuity. Other proposed interventions include support groups for Jubilee Housing-based parents and others concerned about children. The Jumpstart program intends to forge connections with neighborhood community agencies, such as The Family Place and The Mary Center, to provide a broad network of needed services for this population.

The Washington Center for Psychoanalysis has been involved from the early days of planning. The Outreach Committee of the Board has provided consultation to Jumpstart on every level, starting with the layout of the physical plant, where, for example, the need for a space for parents to gather and share their experiences was identified and implemented. Research has been done to locate and choose program models embodying a deep level of reflection about the developmental and practical needs of children, parents and the staff that serves them. In addition to applying psychoanalytic ideas in this way, we will provide ongoing training and supervision of staff and parent education sessions.

The substantial WCP participation envisioned in the Jubilee Jumpstart program is one that involves us as an integral part of this program. It offers exciting and unique opportunities to bring our knowledge and skills to bear in a direct way to the community, enriching our own learning and experience in the process. It is challenging and gratifying to be part of such an important endeavor, one that may serve as a prototype in this area.

The Outreach Committee and Jubilee Jumpstart welcome volunteers. Interested individuals should contact Karyne Messina and Deborah Blessing.

Outreach Committee Members:

Deborah Blessing, MSW (Co-Chair)
Karyne Messina, Ed.D. (Co-Chair)
Joseph Collier, Chair, Board of Directors, Jubilee
Jumpstart
Arlene Altman, MA
Ann Barnet, MD
Margarita Cerejido, PhD
Elizabeth Hersh, MD
Wendy Wishard

MEMBER SERVICES

Ombudsman Committee

The Ombudsman Committee is a resource for candidates, students, members to discuss concerns in an informal, confidential way. It can direct a concern to the proper resource and assist with a formal complaint, if needed. It reports to no one.

Ethics Committee

The Ethics Committee receives written complaints alleging unethical conduct. Its procedures include ways to consider the merits of the complaint, investigating it, holding hearings if necessary, and making recommendations as to the appropriate disposition of the case. The Ethics Committee's guide is the American Psychoanalytic Association's [Principles and Standards of Ethics for Psychoanalysts](#).

Colleague and Patient Assistance Committee

The Colleague and Patient Assistance Committee is a resource for candidates, students, members, and patients to express concerns about illness, impairment or other difficulties. Confidential discussion, evaluation, intervention or remediation can prevent concerns or difficulties evolving into ethics complaints.

Continuing Professional Education

The programs of the Washington Center for Psychoanalysis provide continuing professional education credits for physicians, for psychologists and for social workers. Please see the individual program brochures for details.

Scientific Meetings

Scientific Meetings and workshops on psychoanalytic topics are organized each academic year. The topics address the interests and needs of members and students. Please check the Event calendar on our website at www.washpsa.org for up to date information and to register.

Newsletter

The Newsletter is an in-house publication which is published twice a year. It includes discussion of issues of interest to members of the Center and has regular reports from the President and from various committee chairs. It is a forum for members to communicate with the entire membership about current topics and events related to psychoanalysis. The editor of the newsletter is responsible to the Board of Directors.

Member listserve

The member listserve is maintained by the Center office and can be used by any registered member to post information of interest to other members. The address is wcp-members@memberclicks.com. New members are automatically included on the listserve and will receive a confirmation email of this along with instructions on how to use the listserve.

Research, Gary O. Morris Prize

This prize honors the memory of Dr. Morris and his interest in research by offering a small monetary award, recognition at the annual business meeting, and an opportunity to present the winning paper at the annual Colloquium. Members and candidates are encouraged to participate. The deadline for submitting five copies of a paper on psychoanalytic research is March 1.

Referrals

The WCP website maintains a member directory of our psychoanalysts and psychotherapists who wish to have referrals from the membership at large or the general public. The website also contains a list of those people with time available for low-fee referrals.

Study Groups

Study Groups are composed by members with the focus of each group depending on the interests of its participants (e.g. clinical, research, theoretical etc.). Should a study group wish to offer continuing education credits, application requirements must be submitted to the Chair of the Continuing Professional Education Committee annually before the study group begins its program.

Auditing Courses

Center members may audit a course of the Washington Psychoanalytic Institute, either in the Adult or Child/Adolescent program, without charge and with the consent of the Curriculum Committee and the seminar leader or instructor.

PEPWEB

Active members of the Center automatically receive a subscription to Psychoanalytic Electronic Publishing (PEPWEB). PEPWEB provides online access to all but the most recent issues of many leading psychoanalytic journals and some books, and includes the entire Standard Edition of Freud's collected works. PEPWEB also enables users to search the literature by author, topic, or key words.



Virtual Community

The WCP's website is a virtual community which has many member-only features, including discussion forums, a bulletin board for referrals and other services, a listing of press articles of interest (current affairs), a directory search, the event calendar, online registration for all events, and many more. All members have a profile page through which they can access member-only forms and documents and pay dues or program fees online. The website address is www.washpsa.org.

eDental Plan

All members of WCP are now eligible for group level dental benefits through eDental, a group plan managed by Dominion Dental Services. Members can join as individuals, couples, families or even groups (e.g. a member and his or her own staff). For direct billing plans, you can join their Dental HMO (DHMO) (in-network), PPO (any dentist), or Discount (in-network, lowest monthly payments). For Group Billing Plans, you can choose DHMO or PPO. Both sets of plans offer extensive coverage on 250 dental services, 100% coverage for most diagnostic and preventative services, up to 80% coverage for restorative care including fillings, root canals, crown and bridge work, periodontal treatment, oral surgery, etc.; and orthodontic coverage for children and adults. To find out more, including specifics about premiums, and to enroll, go to our website under Member Services at www.washpsa.org, and click on the eDental logo. This will take you to our own eDental site, which has answers to all your questions and easy online enrollment.

MEMBERSHIP

Applications can be requested from the Center office or found on our website at www.washpsa.org. Applications should be sent to the Membership Committee. The Membership Committee evaluates all applicants and reports to the Board of Directors. Election is by majority vote of the Board.

MEMBERSHIP CATEGORIES

Active

Active members are entitled to vote, to hold office and to serve as director, and to serve on and chair committees and other components.

Corresponding

Corresponding membership may be requested by any voting member who resides and practices at distance greater than 100 miles from downtown Baltimore or

Washington (whichever is closer to him or her) or is a voting member in good standing of a society recognized by the American Psychoanalytic Association or the International Psychoanalytical Association. Such members shall have all the privileges and responsibilities of membership except the right to vote, to hold elected office, and to serve as elected member of a committee.

Community

Community members are individuals who are not mental health clinicians who have all privileges of Active Members (i.e., shall be entitled to vote, to hold office and to serve as director, and to serve on and chair committees and other components).

Honorary

Voting members of the Center may nominate any person who has made an outstanding contribution to the science of psychoanalysis for election as an Honorary Member. A letter of nomination for each potential Honorary Member along with his or her brief CV, and at least three letters of support are to be submitted to the President of the Washington Center for Psychoanalysis. The President will forward the nomination to the Membership Committee for review and the Chair of the Committee will report to the Board with a recommendation regarding approval of the election to Honorary Member. Honorary members are exempt from the payment of dues and assessments and may serve on committees and other components.

Friends of the Center

Individuals who qualify as Friends shall have a demonstrated interest in psychoanalysis through academic training, writing, community involvement, personal experience or other manner recognized as relevant to the interest of the Center. The Membership Committee reviews and acts upon all applications for admission as Friends, and from time to time notifies the Board of all new Friends admitted to the Center.

NB: Graduates of the Washington Psychoanalytic Institute and of other Association-approved or IPA-approved institutes or training centers qualify for membership only as Active members, and do not qualify for Friend status unless they have become Active members (or the equivalent) of another Association-affiliated society. This also applies to graduates of the Modern Perspectives on Psychotherapy Program, unless they demonstrate that they live at a distance from Washington, D.C. that would not reasonably permit them to participate regularly in Center activities.

OUR DIVISIONS

OUR DIVISIONS AND THE PROGRAM MANAGEMENT COMMITTEE (PMC)

Chair:
Karyne Messina, Ed.D.
301.656.7085
karynemessina@msn.com

The Program Management Committee consists of two (or more) representatives from each of the Divisions:

- Institute Division (The Washington Psychoanalytic Institute)
- Psychotherapy Division (The Modern Perspectives on Psychotherapy Program)
- Continuing Education Division (The New Directions Program, Neuroscience & Psychoanalytic Therapy Program, Scientific Meetings, Psychoanalytic Takes on the Cinema, Study Groups and the Fellowship Program)
- Community Outreach Division (Community of Hope, Psychoanalytic Theory for Scholars Program, Psychoanalytic Perspectives on Theater and the Psychoanalytic Clinic)
- Couple & Family Therapy Division (Contemporary Psychoanalytic Couple and Family Therapy Program)
- Public Relations Division (Research, Media Relations, Special Events, Newsletter)

The PMC meets monthly. The purpose of the PMC is for each program or division to report on its activities in a collegial setting to the other programs, in order to identify activities which have common areas of interest, for example, or to request advice on programmatic issues, or to generally learn at a program level what is happening within the Center. The PMC is also the oversight for Center-wide activities, such as the Center-Wide Open House and annual Gala.

The Program Management Committee also has a specific relationship with the Board of Directors. The PMC Chair is the President-Elect of the Board. The PMC has the power to approve proposals for new programs, and present them to the Board for ratification. Alternatively, if an issue or idea comes in via the Board, the PMC is where it can be decided in which division or under what program that idea would

come best to fruition. All members receive the minutes of PMC meeting via the member listserve, and should not hesitate to contact the Chair if they have any ideas or thoughts about the Center at program level which they would like to air.

PUBLIC RELATIONS DIVISION

For information:
Maddie Grant, Administrative Director
202.237.1854
maddiegrant@washpsa.org

RESEARCH COMMITTEE

Chair: Pavel Snejnevski, Ph.D.
202.965.6564
psnejnevski@hotmail.com

Dr Snejnevski is the Chair of a newly formed Research Committee. Proposals for research projects should be directed to him in the first instance. We encourage all members to think about opportunities for research proposals, and we will also endeavor to find grant-writing opportunities which may be relevant.

GARY O. MORRIS RESEARCH PRIZE

Chair: To be confirmed

This prize honors the memory of Dr. Morris and his interest in research. The prize recognizes a paper by a Center member or candidate of the Washington Psychoanalytic Institute for its contribution to psychoanalytic research by offering a small monetary award, recognition at the Center's annual business meeting, and an opportunity to present the winning paper at our annual Colloquium.

Center members and candidates are encouraged to submit an unpublished, original paper on psychoanalytic research. The deadline for submissions is March 1 of each year. Five copies of the submission paper must be sent to the Center office with NO identification. Please print your name on a cover letter.



SAMUELS FOUNDATION FELLOWSHIP FOR PSYCHOANALYTIC RESEARCH

Chair: Richard C. Fritsch, Ph.D.

The Washington Center for Psychoanalysis and the George Washington University Department of Psychiatry and Behavioral Sciences are pleased to present the Samuels Foundation Fellowship for Psychoanalytic Research. This one-year grant is designed to enhance research in the career development of the selected Fellow(s). Funds are intended to support, in part or in full, a research project designed by the Applicant which addresses a clearly articulated question of importance to psychoanalysis. The selection committee encourages applicants to define and defend their choice of question and its relevance to psychoanalysis as well as the methods of study they propose.

Application is open to:

- current candidates in the Washington Psychoanalytic Institute;
- students in the Modern Perspectives on Psychotherapy program;
- members of the Washington Center for Psychoanalysis;
- residents, current doctoral students in any GWU program, or recent graduates (last three years) of these programs; or
- current GWU faculty.

The committee will consider making a single award of up to \$15,000, or two or more awards of lesser amounts.

A letter of intent from the applicant which briefly describes the proposed project and summarizes the applicant's eligibility will be due by December 1 of each year to the Center office.

Applications for the 2008 - 2009 grant year will be due by 5 pm on March 1.

Detailed application guidelines are available on our website at www.washpsa.org.

For more information, please contact Richard Fritsch, Ph.D. (Chair) – 301.652.6259, FritschRC@aol.com

MEDIA RELATIONS

Information: Maddie Grant, Administrative Director
202.237.1854
maddiegrant@washpsa.org

The Washington Center for Psychoanalysis is in the process of developing our Media Relations capabilities. The office has begun to maintain a list of members willing to be contacted by the media in any number of capacities (from spokespeople being interviewed on television or on the radio, to direct quotes, to providing background information only). Any members interested in being on this list should notify the office. No prior experience is necessary; we plan to provide media training workshops to all interested parties. It is, however, very important that anyone listed as a media contact be available to return a reporter's call within an hour or so of getting a message. More will be communicated on these procedures.

FUNDRAISING

Fundraising and the Growth of the Center

The Washington Center for Psychoanalysis (WCP) is recognized by the Internal Revenue Service as a charitable non-profit organization exempt from federal taxes under section 501(c)3 of the IRS codes. This exemption was given primarily due to the extensive educational activities conducted by WCP. This means that WCP is free to solicit charitable contributions from the general population. Dues and tuition alone do not generate enough revenue to support the many programs and activities of the center.

In order to foster the growth and acceptance of psychotherapy in general and psychoanalysis in particular, WCP must engage on a realistic and challenging course to seek tax deductible contributions from its members and the general public.

The WCP Fundraising Committee developed an annual campaign with the following:

- **Board support.** Last year, the WCP Board of Directors made personal contributions exceeding \$30,000 to the Center.
- **Member support.** The general membership will be solicited, by mail, at least once a year, to provide voluntary contributions (above dues and tuition).
- **Special events.** An annual Gala is planned in which current members and the general public are invited.

- **Grant solicitation.** WCP will enhance its current grant support by seeking foundations that support mental health programs, and will draft grant applications that will provide additional funding.
- **Charitable Estate Planning.** Will give donors the opportunity to include WCP in their wills, trusts or other estate plans. Donor recognition will ensure that contributors are properly thanked and recognized.
- **Memorials and Living Testimonials.** This gives anyone an opportunity to either recognize a deceased individual or pay tribute to a living individual.

Contributors are recognized in print in this Catalogue, on WCP's website and at various meetings for their generosity and support. Giving levels include:

Benefactor – Gifts of \$1,000 and above

Donor – Gifts of \$500 - \$999

Sustaining Member – Gifts of \$250 to \$499

Contributing Member – Gifts of \$1 to \$249

For Information:

Michael J. Nizankiewicz, Ph.D., CAE, Executive Director
202.521.9447

mikenizankiewicz@washpsa.org

or

Marc Levine, M.D., Fundraising Committee Chair

301.718.7851

drlevine@drmarclevine.com



Planned Giving Options

- **Bequests** – No effect until death, the gift must be included in a will or testamentary trust. Can be expressed as a certain amount, specific assets(s), percentage or residue of an estate.
- **Beneficial Designations of (part or all of) Retirement Plan Assets** – accomplished by a beneficial designation or a qualified retirement plan and sent back to the company holding the plan. Gift often expressed by a percentage. Revocable, no effect until death.
- **Gift of Ownership, or Beneficial Designation of (part or all) or (one or more) Life Insurance Policies** – If given ownership of a life insurance policy to WCP, the donor may get a tax deduction.
- **Gift of Real Property** - Gift of a primary residence, vacation home or farm; older individual(s) can deed real estate to WCP and retain on the face of the deed their right to occupy the property for the rest of their life/lives; they are entitled to an income tax deduction for the charitable remainder value. This simplifies the estate, makes them a donor now.
- **Charitable Gift Annuities** – A life income plan, especially for older individuals. Those over 65 can generally generate a better return than a Certificate of Deposit.
- **Charitable Remainder Trusts** – Irrevocable when funded, trusts must follow statutory terms and be in the form of an annuity trust (which pays a fixed amount). Can pay income to the donor for life or for a term up to 20 years, such as for younger beneficiaries.
- **Testamentary disposition of all U.S. government savings obligations** – U.S. savings bonds are a good testamentary gift to WCP since the donor would otherwise pay income tax on the bonds.
- **Gifts Other Than Cash** – Use appreciated real estate or stock to give outright to WCP or to fund an income arrangement. The donor can enjoy significant tax and income advantages such as avoiding capital gains and an income tax deduction for the asset's fair market value if long-term.

If you are interested in discussing any of these vehicles, please contact the Center office on 202.237.1854. We can arrange financial experts familiar with all of these vehicles at no cost to a donor.

Why contribute to the Washington Center for Psychoanalysis?

- Psychoanalysis is up-to-date, and at the WCP it will stay that way
- Clinical training is the foundation for our work in other fields
- Our training programs continue the legacy of psychoanalytic insight in clinical practice, scholarship, and social activism
- We are optimizing the psychological development and potential of as many people as possible
- We provide thousands of hours of low fee treatment and collaborate with vital community service programs
- We consult with leaders in business, government, education, and religion to make psychoanalytic thinking available to a broad array of society
- We are advocating strongly for the psychoanalytic view
- We are promoting psychoanalytic ideas in the broader culture
- We are contributing to public discussion of policy issues

Your contribution will make a difference.

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The Washington Center for Psychoanalysis is honored to accept contributions in memory or in honor of your colleagues, family, and friends. These contributions are a thoughtful way to remember or recognize members while supporting the psychoanalytic profession.

Memorial gifts will be listed on our website, in the Catalogue each year and in the Program at our annual Awards Dinner.

Please mail your contribution along with this form to the Washington Center for Psychoanalysis, Inc., 4545 42nd St, #209, Washington DC 20016. The Washington Center for Psychoanalysis is a professional and educational association offering programs in psychoanalytic education, clinical services, and research to the general public and interested professionals. The Center is recognized by the IRS as a nonprofit, 501(c)(3) tax-exempt organization. Contributions are tax deductible to the fullest extent of the law.

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Washington Center for
Psychoanalysis
INC.

4545 42nd Street NW, #209
Washington, DC 20016
202.237.1854
Fax 202.237.1856
center@washpsa.org
www.washpsa.org