

New Directions

writing and critical thinking from a
psychoanalytic perspective



2009

Revenge and Forgiveness

How Therapy Works

Therapy in the 21st Century

Music and Psychoanalysis

Mind and Brain

Time and Money in Treatment

Bereft Therapist, Grieving Writer

The Voice of the Analysand

Personal Heroes: Influence and Identification

Washington Center for
Psychoanalysis
INC.

COMMENTS

FROM OUR GUEST FACULTY

"It has been my great pleasure to be involved with the New Directions program since its inception. The faculty is among the most thoughtful and innovative group of teachers with whom I have worked. The curriculum facilitates creative critical thinking, and supports students in conceptualizing and developing their personal writing projects."

Jay Greenberg, Ph.D. (William Alanson White Institute)

This excellent program provides an integration of reading, thinking and writing that is unique in the field. It permits an in-depth treatment of subject matters which creates its own consuming excitement. I warmly recommend it."

Peter Fonagy, Ph.D., FBA (Freud Memorial Professor of Psychoanalysis, University College, London)

"New Directions is well-named, for the program provides the crucial support, encouragement and fellowship so many clinicians need to turn those percolating ideas for papers into reality. Non-clinicians can take their academic interests and careers in new directions as well, as they benefit from on-going involvement in a structured group setting where the application of psychoanalytic ideas to their own areas of expertise is really appreciated and understood. Why struggle to write alone when there's such a terrific - and fun - program that helps would-be writers make strides together?"

**Susan C. Vaughan, M.D.
(Columbia Center for Psychoanalytic Training and Research)**

"I have found the New Directions program to be one of the most valuable programs in the country for mental health professionals who wish both to update their knowledge of current issues in the field and to improve their writing skills. It offers a unique opportunity for therapists to develop professionally in both these ways and I highly recommend it to all those who seek to expand their knowledge and skills in these areas."

Theodore Jacobs, M.D. (New York Psychoanalytic Institute and New York University Psychoanalytic Institute)

"New Directions is a pioneering and unique program for learning to write in the field of psychotherapy and psychoanalysis. Refuting the prevailing sense that such programs are often advocated but rarely carried out, New Directions offers exciting opportunities, fresh methodologies, and creative dialogue with skilled writers in our field. The result of participating in the program is renewed vigor and enhanced skill for the aspiring writers amongst us!"

Salman Akhtar, M.D. (Philadelphia Psychoanalytic Institute)

"New Directions really is a new direction, both for attention to writing in our field and for attention to mentoring as the means to make the writing process relational, that is, appropriate to our accumulating clinical tradition."

Elisabeth Young-Buehl, (Columbia Center for Psychoanalytic Training and Research)

"Bringing together talented psychoanalysts and mental health professionals with aspiring and already published writers makes for an extraordinary catalytic experience. The program affords participants the combination of the sheer pleasure that comes from playing with the craft of words and the provocative experience of thinking deeply about the individual meanings in a story well told. New Directions should be sampled time and time again."

Linda Mayes, M.D. (Yale Child Study Center)

"What touched me most on first encounter with New Directions was the ambience of consistently considerate warmth, the air of comfortable candor. Status and hierarchy had no presence. Rather, all shared freely their common love for the struggle to translate experience and knowledge into language. As a result, the thinking and the language were never tediously predictable.

A serious writer writes in order to learn how to write. New Directions succeeds as an intermittent writer's camp, one offering both beginners and those who have often published a safe opportunity to practice learning to write in the company of thoughtful and respectful others."

Warren S. Poland, M.D. (Washington Center for Psychoanalysis)

THE NEW DIRECTIONS PROGRAM

New Directions is a three-year postgraduate training program for clinicians, academicians, and writers who want to develop a richer understanding of modern psychoanalytic perspectives and apply it to their own work. In seasonal weekend conferences and optional summer and winter retreats, our community of students, alumni, teachers, and guest faculty come together to explore selected aspects of the psychoanalytic domain. The range of conference topics has been broad: memory, gender, trauma, infancy, evil, dreams, the body, creativity, mourning, projective identification, and the psychology of the therapist, have been the subjects, among others, of our weekends.

A special focus of the program is writing. While some of our students are extensively published and others are inexperienced, they are all invested in developing their authorial skills. While some are pursuing professional writing, several are interested in the crafting of essay, memoir, fiction, and poetry. Exposing our work to others is vulnerable business, and getting the wise support of mature colleagues is crucial in enabling us to take that risk.

We clarify and sharpen our thinking by writing. A variety of program components support this effort. We use groups that review brief assignments written for each conference, craft-oriented writing workshops, forums for critical review of published writing, and collaborations that facilitate ongoing writing projects. We have recruited a cadre of English teachers from area universities who are paired with our psychoanalyst faculty as writing group leaders.

Many of our graduates continue to participate in the program because they find New Directions a supportive professional community in which they can continue to develop – as thinkers, as writers, and as professionals. Some have found that they have made substantial progress as writers particularly during their alumni years. Our students range in age from their thirties to their eighties, they come with a variety of perspectives, and, given the program's design, they are able to come from all over the continent and even from overseas.

THE EXPERIENCE OF OUR STUDENTS

"I've found my tribe,' is what I answered each time friends and colleagues asked me what the first weekend of New Directions was like back in 1997. Having missed but one weekend since, I continue to give the same answer. But what do I really mean? What I found was a group of like-minded professionals, many of whom have since become dear friends, who continue to be excited by psychoanalytic ideas and are interested in engaging in the serious play it takes to find ways to express these ideas. I found the support to experiment, to fail, and perhaps as importantly, to succeed. My first published article on psychoanalysis appeared in Opera News and was titled "Opera on the Couch." I presented a paper on Edgar Allan Poe at a Poe celebration in Asbury Park, NJ. Currently, I'm writing a novel. Each time that I've shifted gears, taken on a new interest, or returned to former ones, I've felt supported, challenged, and appreciated. This is a unique experience and one that I want to continue to have."

Kent Jarratt, M.S.W., Class of 2000

"The perfectly named New Directions program provides psychotherapists, scholars, writers and thinkers a safe and stimulating environment where they can shake up their systems and shake loose buried nuggets of ambition. That was certainly the case for me, a much-published freelance writer, with an interest in psychoanalysis and a hunger for newness in my work. New Directions galvanized me in surprising ways, providing me with intellectual challenge, intensity, new friendships, new perspectives and over time a new sense of who I am and what I am capable of. I believe the book I just completed that will be published in May, 2008 (and the books I look forward to writing in the next few years) would not have come to fruition were it not for New Directions."

Michaele Weissman, Class of 2005

COMPONENTS

1. WEEKEND CONFERENCES

Each year we use three weekend conferences, scheduled in the Fall, Winter, and Spring, to focus in depth on topic areas chosen for their contemporary interest. The function of the conferences is to look critically at the emerging ideas in these developing areas, thus training the participants to become rigorous psychoanalytic thinkers. At each weekend, we are helped in this project by a faculty of local and national teachers who are expert in the relevant fields. Each conference is also aimed at developing the students' capacities as writers, using group meetings, writing workshops, and brief writing assignments. A detailed description of the weekends appears in the following pages.

Weekends run from 9 am Friday morning to 12:45 pm Sunday afternoon, including one evening session. The format includes both large group lectures and discussions and small group meetings, the latter primarily focusing on the participants' writing. Each weekend offers approximately eighteen hours of continuing education credit.

2. ORIGINAL WRITING

In addition to writing brief essays for each weekend, the participants are encouraged to take on larger writing projects. Some participants may opt to write books or substantial papers, others may want help in writing shorter essays or pieces for oral presentation, and yet others may choose to take the Program without a formal writing goal. Those participants who choose to undertake a writing project can be assisted in this endeavor by a writing consultant chosen from an international roster, which includes many leading contemporary theoreticians. Participant and consultant will develop their own format for working together, and they may collaborate in person or by phone, fax, mail or e-mail. A listing of the current roster of consultants appears on page 15 this brochure.

3. SUMMER & WINTER RETREATS

An optional week-long **summer** retreat at a vacation site involves half-day sessions composed of a two-hour writing workshop and two-hour small group discussion of ongoing writing projects. The retreat has been held each year at a resort in Stowe, Vermont. Because the format is designed to allow time for recreation, participants may wish to bring family or friends to the destination. Students beginning the program in the fall of 2009 are welcome to attend the summer retreat in August 2009. For further information about the retreat, please turn to page 16.

Starting in 2006 we held our first **winter** retreat. This four-day event was focused on writing projects. Each day's work was reviewed both with an individual mentor and in an evening small group. Details can be found on page 17.

WEEKEND CONFERENCE SCHEDULE

**CRITICAL THINKING IN
PSYCHOLOGY**

October 22, 2009

HOW THERAPY WORKS

February 5-7, 2010

**CHANGING TIMES: BEING
A THERAPIST IN THE 21ST
CENTURY**

April 30 – May 2, 2010

**MUSIC AND
PSYCHOANALYSIS**

Fall 2010

**WHAT CAN NEUROSCIENCE
TEACH US ABOUT THE
CONDUCT OF THERAPY?**

Winter 2011

**TIME AND MONEY IN THE
THERAPEUTIC SETTING**

Spring 2011

**THE BEREFT THERAPIST,
THE GRIEVING WRITER**

November 4 – 6, 2011

**THE VOICE OF THE
ANALYSAND**

February 2012

**INSPIRATION IN OUR
WRITING: WHO ARE OUR
HEROES?**

Spring 2012

WEEKEND CONFERENCES

October 22-25, 2009

PART I: CRITICAL THINKING IN PSYCHOANALYSIS

October 22, 2009

The first conference will be four days in length. It will include an initial one day workshop, held on Thursday, on critical thinking. This workshop is designed to orient the new participants to the work of the Program. We will meet with two analysts who have experience as editors and as members of editorial boards who will bring for our consideration both published papers and manuscripts which have been submitted to their journals (these will be precirculated). These manuscripts will cover a variety of topic areas. With their help, we will focus on the project of developing a critical sensibility about psychoanalytic writing, addressing the questions: what constitutes psychoanalytic evidence, what constitutes clear explanation, and what constitutes coherent theory building?

Coordinators: David Cooper, Ph.D., Martha Dupecher, Ph.D., M.S.W., Kerry Malawista, Ph.D., Evelyn Schreiber, Ph.D., and Robert Winer, M.D.

GUEST FACULTY:

In this faculty listing, as in those on the following pages, space considerations limit us to listing essentially only those aspects of the faculty members' work that are specifically related to the weekend's focus.

- **Jay Greenberg, Ph.D.** – Past Editor of *Contemporary Psychoanalysis*; Editor for North America for *The International Journal of Psycho-Analysis*; William Alanson White Institute.
- **Judith F. Chused, M.D.** – Editorial Board of *The Psychoanalytic Quarterly* and *The Journal of the American Psychoanalytic Association*; Reader for *Psychiatry and The International Journal of Psycho-Analysis*; Washington Psychoanalytic Institute.

REVENGE AND FORGIVENESS

October 23-25, 2009

Like night and day, revenge and forgiveness reflect starkly contrasting shades of experience and action at moments of intense hurt and suffering. So intrinsically human are these responses that we all know them from the inside out. However, just as each individual wrestles with the tension between these realms of experience, themes of revenge and forgiveness have found expression on a societal level throughout the ages. What is it about these core experiences that make them so palpably and viscerally real for us? What functions does revenge serve for the individual or group? Likewise, what are the developmental requirements for the capacity to forgive? Finally, what role does atonement play in the grievance process? These and other questions will be explored during this weekend workshop with an interdisciplinary faculty, who will examine revenge and forgiveness from psychoanalytic, philosophical, legal, and literary perspectives.

Coordinator: James Kleiger, Psy.D., ABPP

GUEST FACULTY:

- **David Kaczynski** Executive Director, New Yorkers Against the Death Penalty. Mr. Kaczynski, brother of Theodore Kaczynski, “the Unibomber,” is a national spokesman on issues concerning the death penalty and presents a moving account of his own experience of motives of revenge and forgiveness. Author of “Building a Bridge” with Gary Wright (Unabomber victim), in Wounds That Do Not Bind: Victim-Based Perspectives on the Death Penalty, eds. J. Acker & D. Karp
- **Aaron Lazare, M.D.** Author of On Apology and “Apology in Medical Practice: An Emerging Clinical Skill.” Professor of Psychiatry and Chancellor and Dean Emeritus, University of Massachusetts Medical School.
- **Irwin Rosen, Ph.D.** Author of “Revenge: The Hate That Dare Not Speak its Name: A Psychoanalytic Perspective” and “The Atoner-Forgiver Dyad: Identification with the Aggressed.” Greater Kansas City Institute for Psychoanalysis.
- **Anita Schmukler, D.O.** Author of “Elective Mutism in a Latency Girl,” and “Detours in Development,” and Editor of Saying Goodbye: A Casebook of Termination in Child and Adolescent Analysis. Has incorporated into her teaching the subjects of revenge, forgiveness, and atonement with special attention to their emergence in the analysis of children and adolescents. Philadelphia Center for Psychoanalysis; Institute of Psychoanalysis of New York University.
- **Cynthia Ward, J.D.**, approaches the subject from a legal perspective. Ms. Ward is a New Directions participant who has taught a seminar, entitled “Punishing Evil in the Criminal Law,” that includes a section on forgiveness and on the law’s potential role in extending forgiveness to criminal defendants. The College of William and Mary.

Additional guest faculty will be announced at a later date.

HOW THERAPY WORKS

February 5-7, 2010

This weekend will study the therapeutic action of psychoanalytic psychotherapy. What actually goes on between therapist and patient? Which parts of the interaction promote change? And what kind of change? In terms of the therapist’s behavior, our tradition has privileged interpretation and the resulting insight, but in recent decades relationship factors have shared the stage. So, what is our current state of knowledge about what works and how? How can this knowledge help to shape our clinical work? We will look at both research and clinical perspectives on these questions.

Coordinator: David Cooper, Ph.D.

GUEST FACULTY:

- **Wilma Bucci, Ph.D.** Co-author of “Beneath the Surface of the Therapeutic Interaction: The Psychoanalytic Method in Modern Dress” and author of Psychoanalysis and Cognitive Science: A Multiple Code Theory. Co-Director of Research, NY Psychoanalytic Society and Institute.
- **Judith F. Chused, M.D.** Author of “The Evocative Power of Enactments” and “The Therapeutic Action of Psychoanalysis: Abstinence and Informative Experiences.” Washington Psychoanalytic Institute.

- **Henry F. Smith, M.D.** Author of “Analyzing Disavowed Action: The Fundamental Resistance of Analysis” and “Vicious Circles of Punishment: A Reading of Melanie Klein’s Envy and Gratitude.” Editor-in-Chief, *The Psychoanalytic Quarterly*. Psychoanalytic Institute of New England, East.
- **Mary Target, Ph.D.** Professional Director of the Anna Freud Centre in London. Co-author of Affect Regulation, Mentalization and the Development of the Self and The Outcomes of Psychoanalytic Treatment. Author of numerous publications on psychoanalytic therapy from a developmental perspective.

THURSDAY, FEBRUARY 4: A DAY WITH MARY TARGET, PH.D., covering such topics as mentalization and attachment, and their relevance to the contemporary practice of psychoanalytic psychotherapy.

CHANGING TIMES: BEING A THERAPIST IN THE 21ST CENTURY

April 30 – May 2, 2010

The origin of the oft-quoted phrase, “May you live in interesting times” is obscure. Some claim it was an ancient Chinese curse, others identify it as an old Scottish incantation, and still others claim it was coined by a 1950’s science fiction writer. Wherever the saying came from, it is safe to say that most cultures and civilizations throughout human history have believed that their particular time is interesting and unique. As we enter the 21st century we too are convinced that, for better or worse, our times are interesting, to say the least. How do we as psychotherapists think about the effect of current forces and trends in the world, as they impact ourselves, our patients and our work? What are the culture and time specific aspects of psychological dispositions, psychological maladies and psychological development? Conversely, which properties of our psyches are enduring and relatively independent of the particular times in which we live?

At this conference, we will explore these questions as they relate to our role as therapists in a rapidly changing political and sociocultural milieu. The seemingly inexorable march of technological innovation and intrusion into our lives, the growth of fundamentalism, the changing balance of political and economic power, the change in the structure of the family, and advances in modern genetics and medicine are only a few of the factors that impact all of us every day. How do we see reflections of these forces in the problems (and the selves) that patients present to us? In what ways can we and should we attend to these matters as we continue to deepen our understanding of psychoanalytic theory and technique? A multidisciplinary panel of speakers will help us grapple with these difficult questions. *Coordinator: Marc Levine, M.D.*

GUEST FACULTY:

- **Nancy McWilliams, Ph.D.** – Author of Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process, “The Woman Who Hurt Too Much to Talk,” and “Preserving Our Humanity As Therapists.” Dr. McWilliams has also written widely on sex and gender, trauma, and intensive psychotherapy. Institute for Psychoanalysis and Psychotherapy of New Jersey; The National Training Program of the National Institute for the Psychotherapies in New York City.

- **Jerrold Post, M.D.** Professor of Psychiatry, Political Psychology and International Affairs and Director of the Political Psychology Program at the George Washington University. Dr. Post has devoted his entire career to the field of political psychology. He is a widely published author, whose most recent book is “The Mind of the Terrorist: The Psychology of Terrorist from the IRA to al-Qaeda.” Dr. Post is a frequent commentator on national and international media on such topics as leadership, leader illness, treason, the psychology of terrorism, suicide terrorism, weapons of mass destruction, Osama bin Laden, Saddam Hussein, Hugo Chavez, Mahmoud Ahmadinejad and Kim Jong Il.
- **Sherry Turkle, Ph.D.** writes on psychoanalysis and culture, and on the subjective side of people’s relationships with technology, especially computers. She studies robots, digital pets, and simulated creatures, particularly those designed for children, the elderly, and mobile cellular technologies. Author of The Second Self: Computers and the Human Spirit, Life on the Screen: Identity in the Age of the Internet, and Evocative Objects: Things We Think With. Director of the MIT Initiative on Technology and Self.

Additional guest faculty will be announced at a later date.

SINGING (AND WRITING) WITH TONGUES OF WOOD: MUSIC AND PSYCHOANALYSIS

October 22 - 24, 2010

Writings about the arts from a psychoanalytic perspective have appeared since the inception of psychoanalysis itself. Freud’s early writings on the visual and literary arts opened a door to more broadly considering artists and their creative productions.

This weekend will explore a panoply of contemporary views on the dynamic interconnections between music and psychoanalysis. These include auditory symbolism and the interpretation of meaning from sound; music as a point of entry to unconscious processes; relationships between cognition and affect; overlaps and disjunctions between physical and psychical listening; and the notion of music as subjective “interiority made into sound.”

Considering the non-verbal essence of music also has special relevance for writers, and for psychoanalysts in the clinical encounter. In striving to communicate feelings, sensations, experiences, and other aspects of the human condition, we are all often at a loss for words. Many patients communicate in a wordless language of sounds—a form of music. Psychoanalysts and writers alike face complex challenges in identifying and then rendering into words that which is unsayable or unsaid. A multidisciplinary panel of speakers will address these exquisitely nuanced issues.

Coordinator: Alexander Stein, Ph.D.

GUEST FACULTY:

- **Alexander Stein, Ph.D.** Author of “Music, Mourning and Consolation” (Gradiva Award 2004) and “The Sound of Memory: Music and Acoustic Origins.” Director, Mind and Music Project. National Psychological Association for Psychoanalysis (NY).

Additional faculty will be announced at a later date.

WHAT CAN NEUROSCIENCE TEACH US ABOUT THE CONDUCT OF THERAPY?

February 2011

“At long last, psychoanalysts and neuroscientists are together in the same forum, as they were in some manner in Freud’s own person.” (Antonio Damasio, cited by Mark Solms)

In the late 1800’s, psychoanalysis and neuroscience were both emerging disciplines. Freud was beginning his explorations of the psychology of the mind and the neuron had only recently been described. Freud tried to link the two in his “Project for a Scientific Psychology,” but was eventually forced to abandon this venture, turning his attention to what would become the field of psychoanalysis proper.

Both disciplines have made remarkable strides over the past century, and in the more recent past contributors from both sides have been interrogating their intersection. Both, after all, share a common pursuit: understanding the workings of the mind. This weekend conference takes up one side of that conversation: what can our current understanding of the structure and operations of the brain teach us about working as psychotherapists and psychoanalysts? A faculty of clinicians and neuroscientists will address this question.

The study of neuropsychology has helped us, on the one hand, to appreciate the indelible effects of experience on the brain, particularly notable in the fields of attachment and trauma, and this has shaped our clinical technique. But it is also true that neuroscience has revealed that the brain is a more plastic and adaptive organ than we had realized, capable of rewiring new connections throughout the life-span, and this also has shaped our practice. Our new understandings of attention, the seeking system, the various forms of memory, the successes and failures of retrieval, the operation of motor neurons, and the neurobiology of affect all inform our work. We’ll be seeing how much progress we’ve made in this brokered courtship in 2011. *Coordinators: Elizabeth Hersh, M.D. and Karyne Messina, Ph.D*

GUEST FACULTY:

- **Frances Champagne, Ph.D.** Dr. Champagne is studying how genetic and environmental factors interact to regulate maternal behavior, and how natural variations in this behavior can shape the behavioral development of offspring through epigenetic changes in gene expression in a brain-region-specific manner. Dept. of Psychology, Columbia University.
- **Regina Pally, M.D.** Dr. Pally writes and teaches about the interface between psychoanalysis and neuroscience. Author of *The Mind-Brain Relationship*; “The Neurobiology of Borderline Personality Disorder: The Synergy of ‘Nature and Nurture’”; “A Neuroscience Perspective on Forms of Intersubjectivity in Infant Research and Adult Treatment;” and “The Predicting Brain: Unconscious Repetition, Conscious Reflection, and Therapeutic Change.” New Center for Psychoanalysis (Los Angeles).

Additional faculty will be announced at a later date.

TIME AND MONEY IN THE THERAPEUTIC SETTING

Spring 2011

Time and money are two framing elements of the clinical encounter, and both are taken a bit for granted in our professional dialogues. Money and expertise are the quid pro quo of the therapeutic relationship: we clinicians offer our skilled efforts and our time, and the patient pays us for our services. That's the fundamental contract. Questions arise. What does it mean to us, and to our patients, when we negotiate a fee arrangement? What does it mean to maintain therapeutic neutrality when our self-interest is at stake? Do we hold onto patients longer than necessary out of a financial motive? How does our ego ideal of helping to allay our patients' suffering clash with our own fiscal needs? Where does self-interest end and greed (or masochism) begin? After all, the fee is the one place where our interests and our patients' interests are fundamentally at odds.

"Our time is up for today." This commonplace ending captures both limitation (our time is up) and cyclic continuity (for today). We struggle with our patients, and with ourselves, to bear the pain of time's arrow, to try to sustain the depressive position, all the while resisting the pull of our omnipotent longings, and of the timeless unconscious. How do we negotiate the paradox that we must keep a close eye on the clock and the calendar, in every sense, while we aim to sink into the unbounded and limitless primary process world of depth analysis?

Through clinical examples, as well as theoretical dialogue, we will examine how character traits and attitudes (conscious as well as unconscious) on both sides of the therapeutic dyad come to bear on our dealings with time and money.

Coordinator: Sylvia Flescher, M.D.

GUEST FACULTY:

- **Muriel Dimen, Ph.D.** Author of Sexuality, Intimacy, Power, Surviving Sexual Contradictions and The Anthropological Imagination. Her co-edited books are Gender in Psychoanalytic Space: Between Clinic and Culture with Virginia Goldner and Storms in Her Head: Freud and the Construction of Hysteria with Adrienne Harris. NYU Postdoctoral Program in Psychotherapy and Psychoanalysis.
- **Irwin Hirsch, Ph.D.** Author of Coasting in the Countertransference: Conflicts of Self-Interest between Analyst and Patient. William Alanson White Institute and the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis.
- **Deborah Anna Luepnitz, Ph.D.** Author of The Family Interpreted: Psychoanalysis, Feminism, and Family Therapy and Schopenhauer's Porcupines. Founder and director of IFA (Insight For All), a group that connects formerly homeless adults with psychoanalysts willing to work pro bono. Clinical faculty, Dept. of Psychiatry, U. of Pennsylvania School of Medicine.
- **Robert Winer, M.D.** Host of film series, "Bending Time's Arrow," American Psychoanalytic Assoc. Author of Close Encounters: A Relational View of the Therapeutic Process. Co-chair of New Directions. Washington Psychoanalytic Institute.

THE BEREFT THERAPIST, THE GRIEVING WRITER

November 4 - 6, 2011

Writers and analysts share in common the task of interpreting and mediating experience through language. The work of psychotherapy is to understand, contain and help patients, often as they are going through difficult experiences of pain and loss. This is mirrored in the writer's work as well, where the writing serves to deepen the reader's appreciation of complex aspects of human experience. This weekend will examine the impact on the analyst and the writer of personal, unexpected loss – whether within or outside of the consulting room. We will explore how therapists and writers process and work through the impact of unanticipated loss, with consideration of how it affects the work we do and, conversely, how our work may help us navigate through these experiences.

Coordinator: Anne Adelman, Ph.D.

The guest faculty to be announced at a later date.

THE VOICE OF THE ANALYSAND

February 2012

When analysts prepare case studies of patients for professional publication, they necessarily depend upon ventriloquial representations of the Other—the analysand—in order to produce their disciplinary texts. Patients become “characters” in a written text. With the advent of powerfully persuasive contemporary critical theories of narrative, and with the increasing presence of relational ideas in clinical analysis, this largely unexamined practice of the analyst-as-writer is a natural site of inquiry for those interested in the connections between writing and psychoanalysis.

During this conference, we will ponder the role of representation and performance from the perspective of the analysand. How are analysands “heard”? What are analysts’ concerns and patients’ fears when analysands are disguised or masked in order to enter the clinical literature? What is the difference for the analysand between being a “patient” and being a “character” in a text? Is the voice of one different from the other? What is required for different types of analysands to “feel heard”? How do analysts feel about their patients’ writing about them? What are some of the differences between the analysand’s voice-on-the-couch and the analysand’s own voice-on-the-page? In order to consider these questions, this conference will gather poets and novelists who have written about their experience of analysis, as well as analysts who are particularly interested in the issues of textual representation of patients in the clinical literature.

Coordinator: Kate Daniels, M.F.A., M.A.

The guest faculty will be announced at a later date.

INSPIRATION IN OUR WRITING: WHO ARE OUR HEROES?

Spring 2012

This conference will examine the personal heroes that provide inspiration for our writing. Analysts and writers will tell their own personal stories of the people who influenced their work. They will describe in detail the ideas of their valued thinkers, writers and teachers, and reflect on what it was about their own dispositions that drew them to these men and women. They will then reflect on how their own work has changed in response to these influences. The goal of the conference is to explore the role of identification, idealization, conflict and defense in our professional development as writers and analysts.

Coordinator: Angela Martin, MSN, CS-P

The guest faculty will be announced at a later date.

ORIGINAL WRITING

Participants interested in undertaking an independent writing project will have the option of working with a consultant. The topic selected may be theoretical, clinical, or applied, and may be on research already in progress. Some students may choose to write memoir, fiction, or poetry. Participants can select from an international roster of consultants; the current panel is listed on the following page. Program advisors will help the participants to select appropriate consultants. In addition, we will make available bibliographies of the consultants' writings to assist in consultant selection. Work with the consultant may include discussions of how to define the research area, finding resources for background study, the elaboration of the concept, and review of successive drafts of the paper. Collaboration may be conducted by mail, phone, fax, e-mail, or, where possible, in person. The participant will pay for the consultant's time.

THE NEW DIRECTIONS JOURNAL

Since February 2003, New Directions has been publishing a journal of participant and faculty writing. The first five volumes were done under the editorship of Program graduates Kent Jarratt (2002 and 2003) and Michael Bieber (2006 and 2007), and Program faculty member, Kathie Hepler (2008).

A sixth issue of the Journal is being prepared under the editorship of Kathie Hepler and program alumna Jessica Arenella.

The first five volumes of the journal are available in pdf form on our website at: <http://www.washpsa.org/Programs/directions/writings.html>. If you have problems downloading these files, you can also request a printout by contacting us at:

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The journals should help provide a sense of the Program.

CONSULTANT PANEL

Salman Akhtar, M.D. (Philadelphia)
E. James Anthony, M.D. (Rockville, MD)
Lewis Aron, Ph.D. (New York)
Stephen Bank, M.D. (Middletown, CT)
Katherine Burton, L.S.C.W. (Bethesda, MD)
Cecile Bassen, M.D. (Seattle, WA)
Jessica Benjamin, Ph.D. (New York)
Emanuel Berman, Ph.D. (Israel)
Dana Birksted-Breen, Ph.D. (London)
Harold P. Blum, M.D. (Roslyn Estates, NY)
Christopher Bollas, Ph.D. (New York)
Philip Bromberg, Ph.D. (New York)
Nancy J. Chodorow, Ph.D. (Cambridge, MA)
Judith Chused, M.D. (Washington, DC)
Stanley J. Coen, M.D. (New York)
Bertram J. Cohler, Ph.D. (Chicago)
Teresa Conlin (Washington, DC)
Arnold M. Cooper, M.D. (New York)
Steven H. Cooper, Ph.D. (Cambridge, MA)
Jody Messler Davies, Ph.D. (New York)
Norman Doidge, M.D. (Toronto)
Scott Dowling, M.D. (Cleveland)
Michael Eigen, Ph.D. (New York)
Sharon K. Farber, Ph.D. (Hastings-on-Hudson, NY)
Irene Fast, Ph.D. (MI)
Gerald I. Fogel, M.D. (Portland, OR)
Glen O. Gabbard, M.D. (Topeka, KS)
Robert Galatzer-Levy, M.D. (Chicago)
Helen K. Gediman, Ph.D. (New York)
Virginia Goldner, Ph.D. (New York)
Jay R. Greenberg, Ph.D. (New York)
Fred Griffin, M.D. (Birmingham, AL)
Antoine Hani, M.D. (Chevy Chase, MD)
Charles M. T. Hanly, Ph.D. (Toronto)
Leston Havens, M.D. (Cambridge, MA)
Elizabeth Hegeman, Ph.D. (New York)
James M. Herzog, M.D. (Newton Centre, MA)
Irwin Hirsch, Ph.D. (New York)
Irwin Hoffman, Ph.D. (Chicago)
Mardi Horowitz, M.D. (San Francisco)
Dorothy E. Holmes, Ph.D. (Washington, DC)
Jacob G Jacobson, M.D. (Boulder, CO)
Judy L. Kantrowitz, Ph.D. (Brookline, MA)
Otto Kernberg, M.D. (New York)
Martha J. Kirkpatrick, M.D. (CA)
Lewis A. Kirshner, M.D. (Cambridge, MA)
Susan G. Lazar, M.D. (Bethesda, MD)
Kimberlyn Leary, Ph.D. (Ann Arbor, MI)
Howard B. Levine, M.D. (Brookline, MA)
Roger A. Lewin, M.D. (Towson, MD)
Deborah A. Luepnitz, Ph.D. (Philadelphia)
William W. Meissner, M.D. (Chestnut Hill, MA)
Robert Michels, M.D. (New York)
Juliet Mitchell-Rossdale (London)
Arnold Modell, M.D. (Newtonville, MA)
Humphrey Morris, M.D. (Cambridge, MA)
Andrew P. Morrisson, M.D. (Cambridge, MA)
Jessica Neely, M.A. (Washington, DC)
Malkah T. Notman, M.D. (Brookline, MA)
Thomas H. Ogden, M.D. (San Francisco)
Sydney E. Pulver, M.D. (Philadelphia)
Joseph Reppen, Ph.D. (New York)
Harvey L. Rich, M.D. (Washington, DC)
Arlene Kramer Richards, Ed.D. (New York)
Arnold D. Richards, M.D. (New York)
Arthur L. Rosenbaum, M.D. (Cleveland Heights, OH)
Stephen Rosenblum, M.D. (Washington, DC)
John Munder Ross, Ph.D. (New York)
Sheldon Roth, M.D. (Waban, MA)
Fred M. Sander, M.D. (New York)
Anne-Marie Sandler (London)
Anita Schmukler, D.O. (Wynnewood, PA)
Edward R. Shapiro, M.D. (Stockbridge, MA)
Theodore Shapiro, M.D. (New York)
Sheila Sharpe, Ph.D. (La Jolla, CA)
Moisy Shopper, M.D. (St Louis)
Bennett Simon, M.D. (Jamaica Plain, MA)
Bruce Sklarew, M.D. (Chevy Chase, MD)
John Steiner, M.D. (London)
Johanna Krout Tabin, Ph.D. (Glencoe, IL)
David Tuckett, M.A., M.Sc. (London)
Vamik D. Volkan, M.D. (Charlottesville, VA)
Robert S. Wallerstein, M.D. (Mill Valley, CA)
Ernest Wallwork, Ph.D. (Washington, DC)
Richard Waugaman, M.D. (Rockville, MD)
Brent Willock, Ph.D. Psych. (Toronto)
Arnold Wilson, Ph.D. (New York)
Robert Winer, M.D. (Bethesda, MD)
Harriet Kimble Wrye, Ph.D., A.B.P.P. (CA)
Joan J. Zilbach, M.D. (Brookline, MA)
John Zinner, M.D. (Bethesda, MD)

SUMMER RETREAT

The optional summer retreat offers the students a chance to focus intensively on the development of their writing in a one week writing workshop. The group meets in the mornings in plenary and small group formats. Individual consultations with faculty members can also be arranged. Special emphasis is placed on helping the students with their ongoing writing projects. Afternoons and evenings are free for recreation, independent work, and collaboration with colleagues. Students have found that they have been able to accomplish substantial work in this relatively brief (six day) time frame. Participants are welcome to bring their families to the resort.

The next summer retreat will be held from August 2 - 7, 2009 in Stowe, Vermont. The 2009 summer retreat fee will be \$900 plus lodging. About a third of the students have been coming to the retreats and they have described the experience as being extremely useful.

Participation in the retreat is open to incoming students. Please let us know if you are interested.

The faculty leader for the 2009 retreat will be Teresa Conlin.

Teresa received her master's degree in Elizabethan and Jacobean Theater at Oxford. She has taught comparative literature and creative and analytical writing for twenty-six years in the United States, France, and the United Kingdom. While at the National Cathedral School, she created two courses, "The British Hero" and "Page and Stage." She currently teaches at the Lycée Rochambeau. Tesa has co-created a full-length documentary film, "Teaching in the Times of Terror," conveying teachers' and students' reactions to the terrorist warnings and events in Washington, D.C. She has been a writing group leader for several years for New Directions. Reflecting her broad range of interests, she has taken classes in French, German, Italian, Spanish, Greek, clogging, acting, dancing, silk screening, painting, sculpting, and puppet making!

Teresa Conlin, Martha Dupecher, Bob Winer, and Bonita Winer will be leading the writing discussion groups this summer.



WINTER RETREAT

The optional winter retreat, held for the first time in December 2006 at the Tabard Inn in Washington, DC, from Wednesday night through Sunday, is more intensively focused on writing. Participants spend the daylight hours working independently on their writing projects, and meet in the late afternoon with a different faculty member each day to review the day's efforts. After a communal dinner, the participants break up into small groups, co-led by an analyst and a writing teacher, to continue the discussion of their work. The retreat ends Sunday afternoon with a group reading. The retreat fee in 2009 will be \$750 plus lodging.

ELIGIBILITY

The Program is open to psychoanalysts and psychoanalytically oriented psychotherapists, academicians, writers and researchers. To apply to New Directions, please complete the application form on page 21 or apply online at the web address below and ask two people familiar with your professional work to send us references.

For further information, call, email, or write:
The Washington Center for Psychoanalysis
4545 42nd Street, NW, #209
Washington, DC 20016
Phone: 202.237.1854, Fax: 202.237.1856
center@washpsa.org, www.washpsa.org

For further information about the components of the Program, please call:
Dr. David Cooper 301.907.2880, dcooperphd@verizon.net
Dr. Martha Dupecher: 202.824.0677, mdupecher@verizon.net
Dr. Kerry Malawista: 301.983.4541, kmalawista@gmail.com
Dr. Evelyn Schreiber: 202.262.0107, schreiber.evelyn@gmail.com
Dr. Robert Winer: 301.229.0600, rjwinermd@yahoo.com

TIME AND LOCATION

The weekend conferences will be held at conference centers in the Greater Washington area. The weekends will generally run from 9:00 a.m. Friday to 12:45 p.m. Sunday.

FEES

\$100 application fee, to be refunded if the person is not accepted by the Program.

\$2,485 for the first year of weekend conferences; **\$2,275** for the second and third years for the weekend conferences.

Alumni returning for additional weekend conferences will be charged **\$760/conference** in the 2008-2009 year.

The fee for the optional summer retreat in 2009 will be **\$900**. Winter Retreat fee for 2009 will be \$750. Lodging and meals are separate.

If the student chooses to work with a writing consultant, the fee will be mutually arranged.

CREDIT

Full attendance at each weekend conference is required to receive CME or CE credits.

Educational Objectives: 1. To evaluate psychoanalytic findings and psychoanalytic perspectives. 2. To facilitate the development of students as psychoanalytic writers.

This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Washington Center for Psychoanalysis, Inc. The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 18 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he / she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose. The Washington Center for Psychoanalysis, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington Center for Psychoanalysis, Inc. maintains responsibility for the program and its content and offers 18 credit hours for this activity. The programs of the Washington Center for Psychoanalysis, Inc. meet the criteria for continuing education as defined by the Maryland Board of Social Work Examiners, District of Columbia and Virginia Boards of Social Work, and the American Board of Examiners in Clinical Social Work. The Washington Center for Psychoanalysis, Inc. designates this program as a continuing education activity for social work for 18 credit hours.

STEERING COMMITTEE

David Cooper, Ph.D., Co-Chair
Martha Dupecher, Ph.D., M.S.W., Co-Chair
Kerry Malawista, Ph.D., Co-Chair
Evelyn Schreiber, Ph.D., Co-Chair
Robert Winer, M.D., Co-Chair
Maddie Grant, Program Administrator

Anne Adelman, Ph.D.
Kathryn Chefetz, M.S.W.
Richard A. Chefetz, M.D.
David E. Cooper, Ph.D.
Kate Daniels, Ph.D.
Sylvia Flescher, M.D.
Elizabeth Hersh, M.D.
James Kleiger, Psy.D.

Marc Levine, M.D.
Joyce Lowenstein, Ph.D.
Angela Martin, M.S.N., CS-P
Karyne Messina, Ed.D.
Alexander Stein, Ph.D.
Micheale Weissman
Bonita Winer

LEADERS OF ONGOING WRITING GROUPS

Marshall Alcorn, Ph.D.
Sharon Alperovitz, M.S.W.
Jessica Arenella, Ph.D.
Rene Biel, M.A.
Deborah Blessing, M.S.W.
Constance Brown, M.S.W.
Deirdre Callanan, Ph.D.
Mary Carpenter, M.A.
Teresa Conlin, M.A.
David E. Cooper, Ph.D.
Kate Daniels, Ph.D.
Janice Delaney, Ph.D.
Carla Elliott-Neely, Ph.D.
Christine Erskine, M.S.W.
Lynn Friedman, Ph.D.
Linda Grey, M.S.N., C.S.
Nan Henson

Kathie Hepler, M.A.
Christopher Keats, M.D.
Joanie Liebermann, M.D.
Tarpley Long, M.S.W.
Martha Martin, M.D.
Michele Orwin, M.A., M.S.
Diana Parsell, M.A.
Elizabeth Rees, M.A.
Shelley Rockwell, Ph.D.
Linda B. Salamon, Ph.D.
Evelyn Schreiber, Ph.D.
Louis Spitz, M.D.
Sally Steenland, M.Ed.
Ernest Wallwork, Ph.D.
Michaele Weissman
Bonita Winer

Additional leaders will be added for the 2009-2010 academic year.

ALUMNI WRITING GROUPS

In 2003 we inaugurated a new form of writing group participation for alumni attending the conference weekends. Special writing groups were constituted which met four times on each of the three weekends – during the three times allocated to the regular small discussion groups on Friday and Saturday, and during the writing group time on Sunday morning. The purpose of the groups was to help each of the participants to complete a writing project, whether a book, a chapter of a book, a paper, or some other piece of work. The groups had both a clinician and a writing teacher as faculty. One of the groups is generating three books. We are continuing this program. Other alumni attended the program this past year using the usual format of participation in three discussion groups focused on short writing assignments and membership in a long-term project writing group on Sunday mornings.

ACKNOWLEDGEMENT

We would like to express our great thanks to the John Edward Fowler Memorial Foundation for its most generous grant to cover the start-up costs of this Program.

Our deep appreciation to Dora Richardson for her kind assistance in supporting the on-going work of our Program.

PREVIOUS WEEKEND CONFERENCES

1997

Critical Thinking in Psychoanalysis

1998

Psychoanalytic Perspectives on Remembering
Parents and Babies
The Impact of Siblings

1999

Gender and Treatment
Psychoanalytic Psychotherapy with Disturbed
Adolescents: Time for a New Paradigm?
Trauma

2000

Gay Men and Lesbian Women: New
Perspectives and Their Clinical Implications
Termination
The Theory of the Mind –Psychoanalytic
Perspectives

2001

Relational Perspectives on the
Psychoanalytic Process
The Meanings of Evil
Psychoanalytic Perspectives on Creativity

2002

The Psychology of the Analyst
Trespass: Negotiating Boundaries in Life and
in the Treatment Situation
The Stuff that Dreams are Made Of

2003

The Body in Mind
Immediacy of the Transference: Modern
Kleinian Perspectives
The Future of Religion in the Psychoanalytic
World: Revisiting the Mind/ Soul Dilemma

2004

Affect in Action
Loyalty and Betrayal in the Life of the Family
What's Love Got to Do With It?

2005

Group Process
Impasse
Witches, Wizards and Wild Things: Putting
Children's Literature on the Couch

2006

Memory: Indispensable, Undependable,
Understandable
Desire: Lust and Sensuality in the
Transference
Creative Dialogues: Learning to Write,
Learning to Read, Learning to Listen

2007

Madness
The Words to Say It
Fallen Shadows: The Many Faces of Grief and
Mourning

2008

Projection, Projective Identification and
Containment
The Writer and the Analyst
A Serious Look at Play

2009

Trauma
Imagining a Life

New Directions APPLICATION FORM

Name

Home Address

Office Address

Home/Cell Phone

Office Phone

Fax

E-mail

(Optional) Marital Status

Gender/Ages of Children

Please enclose a Curriculum Vitae which includes educational and occupational histories, postgraduate training, current professional activities, organization memberships, and (if applicable) publications. Place an asterisk beside your preferred mailing address.

PROFESSIONAL REFERENCES

(Please ask your references to send brief letters to the Washington Center for Psychoanalysis)

1.

2.

Reasons for seeking this training:

Mail application form and CV along with \$100 application fee to:

Washington Center for
Psychoanalysis
INC.

4545 42nd Street, NW, #209
Washington, DC 20016

Applications will be processed as they are received.

A PARTIAL LIST OF WORK PUBLISHED BY OUR STUDENTS AND ALUMNI

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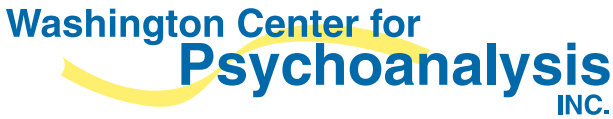
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